**COURSE DESCRIPTION**

**Course Title:** Health 7

**Course Number:** 00605

**Course Prerequisites:** None

**Course Description:** Health 7 will introduce students to the foundations of health and wellness as well as address the Pennsylvania Academic standards for Health, Safety, and Physical Education. Students will participate in 9 weeks of health education opposite of 9 weeks of physical education.

**Suggested Grade Level**: Grade 7

**Length of Course:** One Nine-Week Marking Period

**Units of Credit:** .25

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to [CSPG](https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx)

**Certification verified by the WCSD Human Resources Department:** Yes No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

**GPA Type**:  GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code**: 08051

To find the State Course Code, go to [State Course Code](https://nces.ed.gov/forum/sced.asp), download the Excel file for *SCED*, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:** *Glencoe Teen Health*

**Publisher:** McGraw Hill

**ISBN #:**  978-1-264-12840-2

**Copyright Date:** 2021

**WCSD Board Approval Date:** 5/6/24

**Supplemental Materials:** NA

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 1/31/2024

**Date Approved:**  6/10/2024

**Implementation Year:** 2024-2025

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

Health & Wellness

Personal Fitness

Bullying & Conflict Resolution

Mental Health

Body Systems

Substance Use & Abuse

**Marking Period 2**

Health & Wellness

Personal Fitness

Bullying & Conflict Resolution

Mental Health

Body Systems

Substance Use & Abuse

**Marking Period 3**

Health & Wellness

Personal Fitness

Bullying & Conflict Resolution

Mental Health

Body Systems

Substance Use & Abuse

**Marking Period 4**

Health & Wellness

Personal Fitness

Bullying & Conflict Resolution

Mental Health

Body Systems

Substance Use & Abuse

**Standards/Eligible Content and Skills**

| **Performance Indicator** | **PA Core Standard and/or Eligible Content** | **Marking Period Taught** |
| --- | --- | --- |
| Analyze factors that impact growth and development between adolescence and adulthood. | 10.1.9 A | All |
| Analyze the interdependence existing among the body systems. | 10.1.9 B | All |
| Analyze prevention and intervention strategies in relation to adolescent and adult drug use. | 10.1.9 C | All |
| Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention. | 10.1.9 D | All |
| Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention. | 10.1.9 E | All |
| Identify and describe health care products and services that impact adolescent health practices. | 10.2.9 A | All |
| Analyze the relationship between health-related information and adolescent consumer choices. | 10.2.9 B | All |
| Analyze media health and safety messages and describe their impact on personal health and safety. | 10.2.9 C | All |
| Analyze and apply a decision-making process to adolescent health and safety issues. | 10.2.9 D | All |
| Explain the interrelationship between the environment and personal health. | 10.2.9 E | All |
| Analyze the role of individual responsibility for safe practices and injury prevention in the home, school, and community. | 10.3.9 A | All |
| Analyze and apply strategies to avoid or manage conflict and violence during adolescence. | 10.3.9 C | All |
| Analyze the role of individual responsibility for safety during physical activity. | 10.3.6 D | All |

**ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, POD’s, Teacher Observation.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Projects, Quizzes, Tests, Written Assignments