

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health 9

Course Number: 00626

Course Prerequisites: None

Course Description: Health 9 is a sequential continuation of the various aspects of health that provides a foundation for making educated health decisions consistent with Pennsylvania Health, Safety, and Physical Education standards. By becoming and remaining physically, mentally, socially, and emotionally healthy, students will favorably impact their lives and the lives of those around them. This course has a final exam.

Suggested Grade Level: Grade 9

Length of Course: One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☒ EXM – Final Exam

GPA Type: ☐ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☒ NHS-National Honor Society

☒ UGPA-Non-Weighted Grade Point Average ☒ GPA-Weighted Grade Point Average

State Course Code: 08051

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: *Glencoe Health Hardbound*
Publisher: McGraw Hill
ISBN #: #978-1-264-32021-9
Copyright Date: 2022
WCSD Board Approval Date: May 6th 2024

Supplemental Materials: CPR Manikins, AED Trainers

Curriculum Document

WCSD Board Approval:

Date Finalized: 2/15/2024
Date Approved: 6/10/2024
Implementation Year: 2024-2025

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1 & 3

Healthful Living

- Understanding Health & Wellness
- Taking Charge of your Health
- Nutrition & Physical Activity

Mental Health

- Achieving Mental & Emotional Health
- Managing Stress
- Mental and Emotional problems

Cardiovascular System

- Including Act 7 (Hands Only CPR/AED)

Marking Period 2 & 4

Relationships

- Skills for Healthy Relationships
- Family & Peer Relationships

Reproductive Health

- Endocrine System
- Male Reproductive Health
- Female Reproductive Health
- Life Cycle

Diseases

- Communicable & Noncommunicable
- Sexually Transmitted

Substance Use & Abuse

- Tobacco
- Alcohol
- Drugs

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Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Evaluate factors that impact growth and development during adulthood and late adulthood. [acute and chronic illness/communicable and noncommunicable disease/health status/relationships (e.g., marriage, divorce, loss)/career choice/aging process/retirement)]	10.1.12.A	All
Evaluate factors that impact the body systems and apply protective/preventive strategies. [fitness level/environment (e.g., pollutants available health care)/health status (e.g., physical, mental, social)/nutrition)]	10.1.12.B	All
Analyze factors that impact nutritional choices of adults. [cost/food preparation (e.g., time, skills)/consumer skills (e.g., understanding food labels, evaluating fads)/nutritional knowledge/changes in nutritional requirements (e.g., age, physical activity level)]	10.1.12.C	MP 1 & 3
Evaluate issues relating to the use/non-use of drugs. [psychology of addiction/social impact (e.g., cost, relationships)/chemical use and fetal development/laws relating to alcohol, tobacco, and chemical substances/impact on the individual/impact on the community)]	10.1.12.D	MP 2 & 4
Identify and analyze factors that influence the prevention and control of health problems. (research/medical advances/technology/government policies/regulations)	10.1.12.E	All
Evaluate health care products and services that impact adult health practices.	10.2.12.A	All
Assess factors that impact adult health consumer choices. (access to health information/access to health care/cost/safety)	10.2.12.B	All
Compare and contrast the positive and negative effects of the media on adult personal health and safety.	10.2.12.C	All
Examine and apply a decision-making process to the development of short and long-term health goals.	10.2.12.D	MP 1 & 3
Analyze the interrelationship between environmental factors and community health. (public health policies and laws/health promotion and disease prevention/individual choices/maintenance of environment/recreational opportunities/health status)	10.2.12.E	All
Assess the personal and legal consequences of unsafe practices in the home, school, or community. (Loss of personal freedom/personal injury/loss of income/impact on others/loss of motor vehicle operator's license.	10.3.12.A	All
Analyze the impact of violence on the victim and surrounding community.	10.3.12.C	All
Describe and apply strategies for emergency and long-term management of injuries. (rescue breathing/water rescue/self-care/sport injuries)	10.3.9.B	MP 1 & 3

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ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Participation, Classwork, Homework, Project, and Skills Assessment

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Quizzes, Test, and Final Exam