

**WARREN COUNTY SCHOOL DISTRICT**

PLANNED INSTRUCTION

**COURSE DESCRIPTION**

**Course Title:** Health- 1<sup>st</sup> Grade

**Course Number:** 08167

**Course Prerequisites:** None

**Course Description:** 1<sup>st</sup> Grade Health shall teach, challenge, and support the exploration of concepts for healthy living. Health will occur one session per week for one marking period. Students will have access to valid health information through QuaverEd Health-PE Online.

**Suggested Grade Level:** Grade 1

**Length of Course:** Once A Week

**Units of Credit:** None

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG #47 or #69

To find the CSPG information, go to [CSPG](#)

**Certification verified by the WCSD Human Resources Department:**  Yes  No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average  MP – Marking Period  EXM – Final Exam

**GPA Type:**  GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code:** 08071

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:** n/a  
**Publisher:** n/a  
**ISBN #:** n/a  
**Copyright Date:** n/a  
**WCSD Board Approval Date:** n/a

**Supplemental Materials:** QuaverEd-Health and PE

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 3/21/2024  
**Date Approved:** 6/10/2024  
**Implementation Year:** 2024-2025

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1:**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

**Marking Period 2:**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

**Marking Period 3:**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

**Marking Period 4:**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

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**Standards/Eligible Content and Skills**

<b>Performance Indicator</b>	<b>PA Core Standard and/or Eligible Content</b>	<b>Marking Period Taught</b>
Understand the importance of responsibility for one’s personal health.	10.2.3.B 10.3.3.C	MP 1 MP 2 MP 3 MP 4
Strengthen students’ ability to respectfully communicate their needs, wants, and feelings.	10.3.3.B	MP 1 MP 2 MP 3 MP 4
Strengthen students’ ability to identify and solve both internal and external problems.	10.2.3.D	MP 1 MP 2 MP 3 MP 4
Introduce four body systems: skeletal, muscular, circulatory, and respiratory.	10.1.3.B	MP 1 MP 2 MP 3 MP 4
Promote students’ ability to understand happiness and share it with others.	10.3.3.C	MP 1 MP 2 MP 3 MP 4
Identify healthy portions regarding different kinds of food.	10.1.3.C	MP 1 MP 2 MP 3 MP 4
Expand students' understanding of what happens during dental exams to ease anxious feelings during the experience.	10.2.3.A	MP 1 MP 2 MP 3 MP 4
Understand what to do when they do not feel well.	10.1.3.E	MP 1 MP 2 MP 3 MP 4
Identify common injuries and ways to prevent them.	10.3.3.A	MP 1 MP 2 MP 3 MP 4

**ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, Teacher Observation

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Projects, Quizzes, Tests, and Written Assignments