**COURSE DESCRIPTION**

**Course Title:** Health-Grade 5

**Course Number:** 08567

**Course Prerequisites:** None

**Course Description:** Health-Grade 5 shall teach, challenge, and support every student to realize his/her potential for healthy living. Students will access valid health information through QuaverEd online resource. Health will occur one time per week for two marking periods. Health 5 will receive a pass/fail mark on the report card.

**Suggested Grade Level**: Grade 5

**Length of Course:** Once A Week

**Units of Credit:** None

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG #47 or #70

To find the CSPG information, go to [CSPG](https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx)

**Certification verified by the WCSD Human Resources Department:** Yes No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

**GPA Type**:  GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code**: 08075

To find the State Course Code, go to [State Course Code](https://nces.ed.gov/forum/sced.asp), download the Excel file for *SCED*, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:**  n/a

**Publisher:** n/a

**ISBN #:**  n/a

**Copyright Date:** n/a

**WCSD Board Approval Date:** n/a

**Supplemental Materials:** QuaverEd Health-PE

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 7/27/2023

**Date Approved:**  6/10/2024

**Implementation Year:** 2024-2025

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene

**Marking Period 2**

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. Disease and Illness Prevention
4. Safety and Accident Prevention

**Marking Period 3**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene

**Marking Period 4**

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. Disease and Illness Prevention
4. Safety and Accident Prevention

**Standards/Eligible Content and Skills**

| **Performance Indicator** | **PA Core Standard and/or Eligible Content** | **Marking Period Taught** |
| --- | --- | --- |
| Understand how individual behaviors impact personal health in various ways and over time. | 10.2.6.D | MP1  MP2  MP3  MP4 |
| Promote informed health decisions. | 10.2.6.C | MP1  MP2  MP3  MP4 |
| Create an emergency response plan. | 10.3.6.B | MP1  MP2  MP3  MP4 |
| Learn how to have conversations with others when conflict or disagreement exists or when feelings might have been hurt. | 10.3.6.C | MP1  MP2  MP3  MP4 |
| Recognize various forms of diversity and how they enrich people’s lives. | 10.1.6.A | MP1  MP2  MP3  MP4 |
| Create long-term and short-term problem-solving strategies. | 10.2.6.A | MP1  MP2  MP3  MP4 |
| Evaluate the accuracy and truthfulness of information derived from a variety of sources. | 10.2.6.A | MP1  MP2  MP3  MP4 |
| Analyze the impact of healthy habits. | 10.2.6.E | MP1  MP2  MP3  MP4 |
| Identify the lifetime benefits of dental hygiene. | 10.2.6.A | MP1  MP2  MP3  MP4 |
| Recognize the warning signs of suicide and learn ways to address them. | 10.3.6.C | MP1  MP2  MP3  MP4 |

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| --- | --- | --- |
| Understand and prevent the consequences of stress by maintaining healthy behaviors and using stress relief strategies when needed. | 10.1.6.E | MP1  MP2  MP3  MP4 |
| Identify common eating disorders and their negative impact on multiple dimensions of health. | 10.1.6.C  10.2.6.B | MP1  MP2  MP3  MP4 |
| Identify common eating disorders and their negative impact on multiple dimensions of health. | 10.1.6.C  10.2.6.B  10.1.6.E | MP1  MP2  MP3  MP4 |
| Understand the harmful impact of alcohol, tobacco, and drugs on multiple dimensions of health. | 10.1.6.D | MP1  MP2  MP3  MP4 |
| Identify and explore sadness and know when to seek support. | 10.3.6.A | MP1  MP2  MP3  MP4 |
| Identify proper management of common illnesses and diseases. | 10.1.6.B | MP1  MP2  MP3  MP4 |
| Promote safety and identify personal responsibility. | 10.3.6.A | MP1  MP2  MP3  MP4 |
| Evaluate situations in order to remain safe. | 10.3.6.A | MP1  MP2  MP3  MP4 |

**ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content: The** teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, Teacher Observation.

**Summative Assessments: The** teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include: P**rojects, Quizzes, Tests, and Written Assignments