

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Adapted Physical Education Grades 3-5

Course Number: 08618

Course Prerequisites: None

Course Description: Adapted Physical Education Grades 3-5 is a continuation of skill development and an introduction to promoting sportsmanship and teamwork in a safe physical education environment. Students will complete Modified Physical Fitness Testing.

Suggested Grade Level: Grade 3

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☐ F – Final Average

☒ MP – Marking Period

☐ EXM – Final Exam

GPA Type:

☒ GPAEL-GPA Elementary

☐ GPAML-GPA for Middle Level

☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average

☐ GPA-Weighted Grade Point Average

State Course Code: 08001

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: NA

ISBN #: NA

Copyright Date: NA

WCSD Board Approval Date: NA

Supplemental Materials: NA

Curriculum Document

WCSD Board Approval:

Date Finalized: 1/31/2024

Date Approved: 6/10/2024

Implementation Year: 2024-2025

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

Team Sports: Soccer, Football

Recreational Sports: Tag Games, Kickball/Variations, Hula Hoop, Structured Games

Individual/Dual Sports: Cooperative Activities, Conditioning/Fitness Activities

Marking Period 2

Team Sports: Volleyball, Team Handball

Recreational Sports: Circus Activities, Scooters, Climbing Wall, Weight Transfer, Rhythm & Dance, Hula Hoop, Structured Games

Individual/Dual Sports: Bowling, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 3

Team Sports: Basketball, Floor Hockey

Recreational Sports: Racquet Sports, Structured Games

Individual/Dual Sports: Jump Rope, Conditioning/Fitness Activities, Cooperative Activities

Marking Period 4

Team Sports: Whiffle Ball

Recreational Sports: Parachute, Structured Games

Individual/Dual Sports: Track & Field, Disc Games, Yard Games, Cooperative Activities, Conditioning/Fitness Activities

WARREN COUNTY SCHOOL DISTRICT**PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.	10.4.6.A	All
Explain the effects of regular participation in moderate to vigorous physical activities on the body systems.	10.4.6.B	All
Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity.	10.4.6.C	All
Describe factors that affect childhood physical activity preferences.	10.4.6.D	All
Identify factors that have an impact on the relationship between regular participation in physical activity and the degree of motor skill improvement.	10.4.6.E	All
Identify and describe positive and negative interactions of group members in physical activities.	10.4.6.F	All
Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills.	10.5.6.A	All
Identify and apply the concepts of motor skill development to a variety of basic skills.	10.5.6.B	All
Describe the relationship between practice and skill development.	10.5.6.C	All
Describe and apply the principles of exercise to the components of health related and skill-related fitness.	10.5.6.D	All
Identify and use scientific principles that affect basic movement and skills using appropriate vocabulary.	10.5.6.E	All
Identify and apply game strategies to basic games and physical activities.	10.5.6.F	All
Analyze the role of individual responsibility for safety during physical activity.	10.3.6.D	All

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ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Teacher observation, skill assessment, Modified Fitness Testing.

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Teacher observation and skill assessment.