

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Personal Leadership Virt
Course Number: 10137
Course Prerequisites: none

Course Description: Personal leadership skills are an important tool we use to build relationships and communication skills. Upon completing this course, learners will identify their emotions, thoughts, and values and how they influence behavior. They will describe social skills needed for healthy and supportive relationships. They will also explain healthy and responsible decision making at school, work, and home. Learners will also identify and understand the perspectives of and empathize with others including those from diverse backgrounds, cultures, and contexts.

Suggested Grade Level: Grades 9-12

Length of Course: One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:
CSPG 59

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: Yes No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

GPA Type: GPAEL-GPA Elementary GPAML-GPA for Middle Level NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average GPA-Weighted Grade Point Average

State Course Code: 22101

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

- Title:** Click or tap here to enter text.
- Publisher:** Click or tap here to enter text.
- ISBN #:** Click or tap here to enter text.
- Copyright Date:** Click or tap here to enter text.
- WCSD Board Approval Date:** Click or tap here to enter text.

Supplemental Materials: Click or tap here to enter text.

Curriculum Document

WCSD Board Approval:

- Date Finalized:** 8/21/2024
- Date Approved:** 8/26/2024
- Implementation Year:** 2024-2025

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

ASSESSMENTS

PSSA Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Quizzes, homework, discussions

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: unit assessments and semester exams

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Module	Lesson Title	Objectives
Module 1: Self-Awareness	1.1: Self-Awareness Skills	<ol style="list-style-type: none"> 1. Explain the characteristics of self-awareness, why it's important, and how it can be developed. 2. Identify thoughts, feelings, and emotions and how they can affect behavior. 3. Identify skills that can improve self-awareness and help in adopting a growth mindset. 4. Assess strengths and weaknesses and describe steps that can be taken to improve self-awareness.
	1.2: Self-Management Skills	<ol style="list-style-type: none"> 1. Explain the characteristics of self-management, why it's important, and how it can be developed. 2. Explain types of impulsive behavior, why it's unhealthy, and how to curb impulses. 3. Explain some causes of stress, how stress impacts the body, and techniques that can be implemented to help combat the negative effects of stress. 4. Define intrinsic and extrinsic motivation and identify some strategies to set goals and stay motivated. 5. Assess motivations, goals, and triggers.
	1.3: Confidence and Self-Esteem	<ol style="list-style-type: none"> 1. Identify characteristics of self-esteem and explain how it can be improved. 2. Describe the relationship between self-confidence and self-efficacy, the effects of low self-confidence, and how to build self-confidence. 3. Identify ways to change your mindset and point of view in order to attain a positive mindset.

Module	Lesson Title	Objectives
		<ol style="list-style-type: none"> 4. Assess self-talk and how to replace negative self-talk with a list of positive affirmations.
Module 2: Character	2.1: Core Ethical Values	<ol style="list-style-type: none"> 1. Identify the concept of character and why reputation is important. 2. Describe core ethical values and how they can help solve problems. 3. Identify character traits and why they are important.
	2.2: Empathy	<ol style="list-style-type: none"> 1. Describe empathy and why it is important. 2. Identify when empathy is not being shown. 3. Identify active listening skills.
	2.3: Advocacy	<ol style="list-style-type: none"> 1. Describe advocacy and why it is important. 2. Explain how to be an effective advocate. 3. Apply advocacy concepts to promote a health or social issue.
Module 3: Decision-Making Skills	3.1: Making Decisions at School	<ol style="list-style-type: none"> 1. Identify responsible decision making and how to improve decision-making skills. 2. Identify the steps in the decision-making process. 3. Describe healthy and responsible decisions at school. 4. Identify critical thinking skills.
	3.2: Making Decisions at Home	<ol style="list-style-type: none"> 1. Identify how to make responsible and healthy decisions at home. 2. Describe how to be responsible for contributing to a family's well-being. 3. Identify how to take responsibility for actions and the role in a family unit.
	3.3: Making Decisions at Work	<ol style="list-style-type: none"> 1. Identify how to make responsible and healthy decisions at work. 2. Identify problem solving skills. 3. Explain how to improve making responsible decisions.
Module 4: Social Skills	4.1: Interpersonal Skills	<ol style="list-style-type: none"> 1. Describe what interpersonal skills are and why they are important in developing positive relationships with others. 2. Identify and describe types of interpersonal skills. 3. Describe ways to develop interpersonal skills. 4. Explain why interpersonal skills are important to employers. 5. Evaluate interpersonal skills and describe ways to improve each skill.

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Module	Lesson Title	Objectives
	4.2: Social Awareness	<ol style="list-style-type: none"> 1. Identify and describe the components of social awareness. 2. Identify ways to increase social awareness. 3. Describe the benefits of increasing social awareness. 4. Assess how people feel by looking at their body language and facial expressions. 5. Explain how to be more considerate towards other people.
	4.3: Relationship Skills	<ol style="list-style-type: none"> 1. Identify characteristics of relationships. 2. Describe ways to establish and maintain happy and healthy relationships. 3. Identify different types of relationships and explain how they start. 4. Identify some red flags in a relationship. 5. Assess two relationships and the steps that can be taken to improve each relationship.
Module 5: Social Interaction	5.1: Manners	<ol style="list-style-type: none"> 1. Define manners and etiquette. 2. Identify good manners and basic etiquette. 3. Describe steps to improve manners. 4. Explain the value of using good manners, including how manners help establish and sustain healthy relationships. 5. Analyze the use of manners.
	5.2: Communication	<ol style="list-style-type: none"> 1. Identify skills that are helpful in establishing effective communication. 2. Describe different forms of communication. 3. Describe different components of body language and determine how someone feels based on their body language. 4. Analyze communication skills during social interactions.
	5.3: Cooperative Skills	<ol style="list-style-type: none"> 1. Describe cooperation and explain why it is important. 2. Identify and describe some common cooperative skills. 3. Explain some of the benefits that occur when people use cooperative skills. 4. Explain how to improve cooperative skills. 5. Evaluate cooperative skills and describe ways each skill can be improved.

Module	Lesson Title	Objectives
Module 6: Online Social Interaction	6.1: Social Media	<ol style="list-style-type: none"> 1. Identify the benefits and positive impacts that social media can have. 2. Explain drawbacks and negative impacts that social media can have, including how it can affect mental health. 3. Track social media usage and analyze it in terms of its negative and positive impacts.
	6.2: Netiquette	<ol style="list-style-type: none"> 1. Identify some essential netiquette guidelines for effective online communication and interactions and explain why it's beneficial to follow those guidelines. 2. Identify some essential netiquette guidelines for online meetings and explain why it's beneficial to follow those guidelines. 3. Explain the importance of using netiquette by citing specific examples to support their reasoning.
	6.3: Online Safety	<ol style="list-style-type: none"> 1. Identify some of the ways that people use the internet for negative purposes. 2. Identify steps that can be taken for online self-protection. 3. Assess the safety of online accounts.