

WARREN COUNTY SCHOOL DISTRICT

Planned Instruction

Course Title: Outdoor Education

Course Number: 00640

Suggested Educational Level(s): 11-12

Suggested Periods Per Week: 5 **Length of Period:** 40 min

Suggested Length Of Course: Semester

Units Of Credit (If Appropriate): .5

Date Written: February 2003 **Date Approved:** February 24, 2003

Date Reviewed: 2002-2003 **Implementation Year:** 2003-2004

Teacher Certification Required: Health and Physical Education

Standards Addressed (code): 10.2.12 E
10.3.12 A, D
10.4.12 D

Relationship to Other Planned Instruction: Elective Course

Prerequisites: None

Special Requirements: Appropriate instructional modifications will be made for students with iep's or giep's.

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Standards addressed (code and description):

10.2.12 E – Analyze the interrelationship between environmental factors and community health.

10.3.12 A – Assess the personal and legal consequences of unsafe practices in the home, school or community.

10.3.12 D – Evaluate the benefits, risks and safety factors associated with self-selected life-long physical activities.

10.4.12 D – Evaluate factors that affect physical activity and exercise preferences of adults.

COURSE DESCRIPTION: Outdoor Education focuses on environmental education, outdoor recreational activities, and outdoor survival skills to help students meet reasonable challenges in a variety of environments. This elective will provide students with the knowledge and skills to safely enjoy a lifetime of outdoor activities.

Outline of Content Sequence and Recommended Time:

A. Outdoor Survival Skills (20 hours)

1. Safety and emergency procedure
2. Map and compass reading
3. Clothing and equipment

B. Outdoor Recreational Activities (25 hours)

1. Hunting/Trapping
 - a. primitive/modern techniques and equipment
 - b. laws, responsibilities and ethics
2. Fishing
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics
3. Camping
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics
4. Backpacking/Hiking
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics
5. Canoeing/Boating
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics
6. Mountain Biking
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics
7. Skiing (Nordic/Alpine)
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics
8. Motorized Recreational Vehicles
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics
9. Horseback Riding
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics
10. Rock Climbing/Rappelling
 - a. techniques and equipment
 - b. laws, responsibilities, and ethics

C. Recreation Management Issues (10 hours)

1. Fish and wildlife identification
2. Principles of wildlife management
3. Principles of fish management
4. Ethics and conservation (10.2.12E)
5. Outdoor organization, literature, and art
6. Outdoor occupations

Note: Selection of above activities subject to availability of facilities and equipment.

Specific Educational Objectives to be Taught:

1. The student will develop a realistic appreciation of the dangers inherent in the outdoors, a knowledge of techniques to reduce or avoid problems, and the ability to cope effectively with outdoor emergencies.
2. The student will develop an appreciation of the benefits of lifetime activities and physical fitness through outdoor activities.
3. The student will develop an awareness and appreciation of the outdoor environment and foster responsible attitudes toward the environment and its conservation.

Summative Assessments: Attached

Required/Approved Textbooks and Materials:

Book Title:

Publisher:

ISBN #:

Copyright:

Date of Adoption: