

## **Highmark Healthy High 5 Grant for EMHS**

Grant Overview: The Highmark Healthy High 5 grant promotes lifelong, healthy behaviors in young people ages 6-18 to help them grow physically, mentally and emotionally in the communities served by the Highmark Foundation. Highmark Healthy High 5 provides support in five areas critical to children's overall health and well-being, including nutrition, physical activity, self-esteem, grieving and bullying. EMHS proposes using grant monies to expand anti-bullying activities in the building. Funds will be used to provide a mentor to each incoming 7<sup>th</sup> grader and provide extracurricular activities for those students and mentors to help promote positive peer relations and school interest. Monies will also be used to support the existing Ophelia Project programming in the building. Finally, grant monies will be used to provide anti-bullying training to faculty, staff, and students, as well as education to the community on tactics that can reduce bullying.

Amount of Award: Up to \$10,000.00

Due Date/Notification of Award: Applications are due monthly. Notification is usually one month after submission.

Alternatives if not Awarded: The mentor program will most likely not take place. Ophelia Project activities will continue at current levels.

WCSD Resources Required: None.

Administrative Recommendation: The administration supports the proposal.