

Highmark Healthy High 5 Grant for SAMHS

Grant Overview: The Highmark Healthy High 5 grant promotes lifelong, healthy behaviors in young people ages 6-18 to help them grow physically, mentally and emotionally in the communities served by the Highmark Foundation. Highmark Healthy High 5 provides support in five areas critical to children's overall health and well-being, including nutrition, physical activity, self-esteem, grieving and bullying. SAMHS proposes purchasing the Dance Dance Revolution game and supporting equipment to incorporate into existing physical education instruction in grades 6-12. The goal is to enhance instruction with non-traditional resources, while providing an alternative activity that promotes moderate to vigorous physical activity that is appealing to both boys and girls.

Amount of Award: \$9,838.00

Due Date/Notification of Award: Applications are due monthly. Notification is usually one month after submission.

Alternatives if not Awarded: Physical education will continue in its current form.

WCSD Resources Required: None.

Administrative Recommendation: The administration supports the proposal.