



# WARREN COUNTY SCHOOL DISTRICT

CENTRAL ADMINISTRATIVE OFFICES  
185 HOSPITAL DRIVE  
WARREN PA 16365-4885

ROBERT E. TERRILL, ED. D.  
SUPERINTENDENT

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August 26, 2009

Dear Parent/Guardian,

As you may know, influenza can be easily spread from person to person. Therefore, we are taking steps to reduce the spread of influenza in the Warren County School District. Our intent is to keep the school open to students and functioning in a normal manner during this influenza season. To do this we will need your help.

We are working with the PA Department of Health to monitor influenza conditions and make decisions about the best steps to take concerning schools. We will keep you updated with new information as it becomes available.

For now we are doing everything we can to keep our school functioning as usual. Here are a few things you can do to help.

- **Teach your children to wash their hands** often with soap and water or a hand sanitizer that is 60% alcohol. Hand washing should be done for 20 seconds, the time it takes to sing "Happy Birthday" twice.
- **Teach your children to cover their coughs and sneezes** with a tissue. If a tissue is not available they may use their elbow, arm, or sleeve, not their hands.
- **Teach your children not to share personal items** like drinks, food, and unwashed utensils.
- **Know the signs and symptoms of influenza.** Symptoms include a fever of 100 degrees Fahrenheit with a cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some individuals may have vomiting and/or diarrhea.
- **Keep sick children with influenza-like illness at home** for at least 24 hours after they no longer have a fever, without using fever-reducing medications. Keeping children with a fever at home will reduce the number of people who may get infected.
- **Do not send children to school if they are sick.** Any student that is determined to be sick while at school will be sent home.
- **Discuss with your family physician** regarding getting the seasonal influenza vaccine and the Novel H1N1 vaccine when available

For additional information contact your school nurse or visit [www.wcsdpa.org](http://www.wcsdpa.org) or [www.flu.gov](http://www.flu.gov).

Sincerely,

Robert E. Terrill, Ed.D.  
Superintendent