

Get Active! Mini-Grant

Grant Overview: The Governor's Advisory Council on Physical Fitness and Sports is pleased to announce the 2010-11 get Active! Mini-Grant Program. This grant is focused on supporting new physical activity initiatives or increasing current and/or additional physical activity programming. Programs and resources supported through this grant must create an environmental, policy and/or systems change and be sustained once the grant process is completed.

Monies from the grant can be used for the following items:

- Planned physical activity programs that might need equipment, such as: exergaming (technology-based games), exercise balls, jump ropes, scooters, bikes, bike racks, basketball hoops/nets, volleyball nets, etc.;
- Social support networks such as exercise or walking groups to encourage behavior change;
- Community/school gardens;
- Policies that will instill and/or provide opportunities and access for physical activity at events or in various settings;
- Programs that will increase the number of people who will participate in physical activity

Up to twenty (20) grants will be awarded.

Amount of Award: Up to \$3,000.

Due Date/Notification of Award: Due September 15, 2010. Notification after December 1, 2010.

Alternatives if not Awarded: None.

WCSD Resources Required: None.

Administrative Recommendation: The Board of Directors instructs the district administration to work with building administrators and instructors to determine needs within the district that coincide with the intent of the Get Active! Mini-Grant, then develop and submit applications as appropriate.