

WARREN COUNTY SCHOOL DISTRICT
PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health 7

Course Number: 00605

Course Prerequisites: None

Course Description: (Include “no final exam” or “final exam required”)
Health 7 will address health issues through the Pennsylvania Academic Standards for Health, Safety, and Physical Education. Elements of the curriculum will include Concepts of Health, Healthful Living, and Safety and Injury Prevention. Students will access valid health information with the use of technology, media, health care personnel, and textbooks. It is hoped that each student will implement and value a personal health maintenance plan. No final exam.

Suggested Grade Level: Grade 7

Length of Course: One Semester Two Semesters X Other

(Describe) Currently one nine-week period.

Units of Credit: None (Insert *NONE* if appropriate.)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s)

(Insert certificate title and CSPG#) Health or Health and Physical Education

Certification verified by WCSD Human Resources Department:

 X Yes No

Board Approved Textbooks, Software, Materials:

Title:

Publisher:

ISBN #:

Copyright Date:

Date of WCSD Board Approval:

BOARD APPROVAL:

Date Written: June 10, 2010

Date Approved: _____

Implementation Year: 2011-2012

Suggested Supplemental Materials: (List or insert None) None

Course Standards

PA Academic Standards: (List by Number and Description)

10.1 – Concepts of Health

10.2 – Healthful Living

10.3 – Safety and Injury Prevention

WCSD Academic Standards: (List or None)

None

Industry or Other Standards: (List, Identify Source or None)

None

SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

SPECIFIC EDUCATIONAL OBJECTIVES/CORRESPONDING STANDARDS AND ELIGIBLE CONTENT WHERE APPLICABLE

(List Objectives, PA Standards #'s, Other Standards (see samples at end))

PA Standard: 10.1.6 Concepts of Health

X – performance assessed during that semester

	Performance Indicators	1	2	Assessment
A.	Describe growth and development changes that occur between childhood and adolescence and identify factors that can influence these changes.			Written test
B.	Identify and describe the structure and function of the major body systems.			
C.	Analyze nutritional concepts that impact health.			
D.	Explain factors that influence childhood and adolescent drug use.			
E.	Identify health problems that can occur throughout life and describe ways to prevent them.			

PA Standard: 10.1.9 Concepts of Health

X – performance assessed during that semester

	Performance Indicators	1	2	Assessment
A.	Analyze factors that impact growth and development between adolescence and adulthood.			Written test
B.	Analyze the interdependence existing among the body systems			
D.	Analyze prevention and intervention strategies in relation to adolescent and adult drug use.			
E.	Analyze how personal choice, disease, and genetics can impact health maintenance and disease prevention.			

PA Standard: 10.2.6 Healthful Living

X – performance assessed during that semester

	Performance Indicators	1	2	Assessment
C.	Explain the media’s effect on health and safety issues.			Written test
D.	Describe and apply the steps of a decision-making process to health and safety issues.			
E.	Analyze environmental factors that impact health.			

PA Standard: 10.2.9 Healthful Living

X – performance assessed during that semester

	Performance Indicators	1	2	Assessment
A.	Identify and describe health care products and services that impact adolescent health practices.			Written test
B.	Analyze the relationship between health-related information and adolescent consumer choices.			
C.	Analyze media health and safety messages and describe their impact on personal health and safety.			
D.	Analyze and apply a decision-making process to adolescent health and safety issues.			
E.	Explain the interrelationship between the environment and personal health.			

PA Standard: 10.3.6 Safety and Injury Prevention

X – performance assessed during that semester

	Performance Indicators	1	2	Assessment
A.	Explain and apply safe practices in the home, school, and community.			Written test
C.	Describe strategies to avoid or manage conflict and violence.			

PA Standard: 10.3.9 Safety and Injury Prevention

X – performance assessed during that semester

	Performance Indicators	1	2	Assessment
A.	Analyze the role of individual responsibility for safe practices and injury prevention in the home, school, and community.			Written test

ASSESSMENTS

PSSA Assessment Anchors Addressed: The teacher must be knowledgeable of the PDE Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current assessment anchors can be found at pde@state.pa.us.

Formative Assessments: The teacher will develop and use standards-based assessments throughout the course.

Portfolio Assessment: _____ Yes No

District-wide Final Examination Required: _____ Yes No

Course Challenge Assessment (Describe):

REQUIRED COURSE SEQUENCE AND TIMELINE

(Content must be tied to objectives)

Content Sequence	Dates
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Objectives:

- Health and wellness
- Decisions for health: goal setting, refusal skills, communication skills
- Substance use and abuse: tobacco, alcohol, and drugs
- Reproductive system and sexually transmitted disease
- Cardiovascular system
- Safety and injury prevention

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WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? _____ Yes X No
2. Does this course issue a mark/grade for the report card? X Yes _____ No
3. Does this course issue a Pass/Fail mark? _____ Yes X No
4. Is the course mark/grade part of the GPA calculation? _____ Yes X No
5. Is the course eligible for Honor Roll calculation? X Yes _____ No
6. What is the academic weight of the course?
 X No weight/Non credit _____ Standard weight
 _____ Enhanced weight (Describe)