

**WARREN COUNTY SCHOOL DISTRICT**  
**PLANNED INSTRUCTION**

**COURSE DESCRIPTION**

**Course Title:** Health 3

**Course Number:** \_\_\_\_\_

**Course Prerequisites:** \_\_\_\_\_

**Course Description:** (Include “no final exam” or “final exam required”)

Third Grade Health shall teach, challenge, and support the exploration of concepts for healthy living. Students will be exposed to valid health information through technology, media, health care personnel, experiences, and textbooks.

**Suggested Grade Level:** Grade 3

**Length of Course:** \_\_\_\_\_ One Semester X Two Semesters \_\_\_\_\_ Other

(Describe)

**Units of Credit:** None (Insert NONE if appropriate.)

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s)**

(Insert certificate title and CSPG#) Health and Physical Education/Health Certification/Elementary

**Certification verified by WCSD Human Resources Department:**

X Yes \_\_\_\_\_ No

**Board Approved Textbooks, Software, Materials:**

**Title:**

**Publisher:**

**ISBN #:**

**Copyright Date:**

**Date of WCSD Board Approval:**

**BOARD APPROVAL:**

**Date Written:** June 10, 2010

**Date Approved:** \_\_\_\_\_

**Implementation Year:** 2011-2012

**Suggested Supplemental Materials:** (List or insert None) None

### Course Standards

**PA Academic Standards:** (List by Number and Description)

10.1 – Concepts of Health

10.3 – Safety and Injury Prevention

**WCSD Academic Standards:** (List or None)

None

**Industry or Other Standards:** (List, Identify Source or None)

None

### SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

### SPECIFIC EDUCATIONAL OBJECTIVES/CORRESPONDING STANDARDS AND ELIGIBLE CONTENT WHERE APPLICABLE

(List Objectives, PA Standards #'s, Other Standards (see samples at end))

#### PA Standard: 10.1.3 Concepts of Health

X – performance assessed during that semester

	Performance Indicators	1	2	Assessment
C.	Explain the role of the food guide pyramid in helping people eat a healthy diet.	X	X	Teacher observation Worksheet
D.	Know age appropriate drug information.	X	X	

#### PA Standard: 10.3.3 Safety and Injury Prevention

X – performance assessed during that semester

	Performance Indicators	1	2	Assessment
B.	Recognize safe/unsafe practices in the home, school, and community.	X	X	Teacher observation Worksheet Role play
C.	Recognize conflict situations and identify strategies to avoid or resolve.	X	X	

## ASSESSMENTS

**PSSA Assessment Anchors Addressed:** The teacher must be knowledgeable of the PDE Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current assessment anchors can be found at [pde@state.pa.us](mailto:pde@state.pa.us).

**Formative Assessments:** The teacher will develop and use standards-based assessments throughout the course.

**Portfolio Assessment:** \_\_\_\_\_ Yes      X   No

**District-wide Final Examination Required:** \_\_\_\_\_ Yes      X   No

**Course Challenge Assessment (Describe):**

## REQUIRED COURSE SEQUENCE AND TIMELINE

(Content must be tied to objectives)

Content Sequence	Dates
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### Objectives:

Peer Pressure

Media

Influences

Drugs

Safety and Injury Prevention

Dial 911

Choking – Heimlich maneuver

First Aid

Heimlich

Nutrition

Food Pyramid

Role of Healthy Meals

Drugs, Alcohol, Tobacco

Overview

**WRITING TEAM:** Martha Asp, Darlene Beach, Kristopher Black, Holly Burt, Caryn Chew, Ronda Darling, Shannon Linkerhof, Jeff Manelick, Kay McKinney, Michele Johnson, Amy Morrison, Kimberly Nelson, Richard Nowacki, Steven Onuffer, Jeffrey Passaro, Michele Petrishen, Suzanne Bingman

### WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? \_\_\_\_\_ Yes      X   No
2. Does this course issue a mark/grade for the report card? \_\_\_\_\_ Yes      X   No
3. Does this course issue a Pass/Fail mark? \_\_\_\_\_ Yes      X   No
4. Is the course mark/grade part of the GPA calculation? \_\_\_\_\_ Yes      X   No
5. Is the course eligible for Honor Roll calculation? \_\_\_\_\_ Yes      X   No
6. What is the academic weight of the course?  
      X   No weight/Non credit                  \_\_\_\_\_ Standard weight  
    \_\_\_\_\_ Enhanced weight (Describe)