

**WARREN COUNTY SCHOOL DISTRICT
PLANNED INSTRUCTION**

COURSE DESCRIPTION

Course Title: Health 5

Course Number: _____

Course Prerequisites: _____

Course Description: (Include “no final exam” or “final exam required”)
Fifth Grade Health shall teach, challenge, and support every student to realize his/her maximum potential for healthy living. Students will access valid health information through technology, media, health care personnel, and textbooks.

Suggested Grade Level: Grade 5

Length of Course: _____ One Semester X Two Semesters _____ Other
(Describe)

Units of Credit: None (Insert *NONE* if appropriate.)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s)

(Insert certificate title and CSPG#) Health and Physical Education/Health Certification/Elementary

Certification verified by WCSD Human Resources Department:

X Yes _____ No

Board Approved Textbooks, Software, Materials:

Title:

Publisher:

ISBN #:

Copyright Date:

Date of WCSD Board Approval:

BOARD APPROVAL:

Date Written: June 10, 2010

Date Approved: _____

Implementation Year: 2011-2012

Suggested Supplemental Materials: (List or insert None) None

Course Standards

PA Academic Standards: (List by Number and Description)

- 10.1 – Concepts of Health
- 10.2 – Healthful Living

WCSD Academic Standards: (List or None)

None

Industry or Other Standards: (List, Identify Source or None)

None

SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

SPECIFIC EDUCATIONAL OBJECTIVES/CORRESPONDING STANDARDS AND ELIGIBLE CONTENT WHERE APPLICABLE

(List Objectives, PA Standards #'s, Other Standards (see samples at end))

PA Standard: 10.1.6 Concepts of Health

X – performance assessed during that semester

| | Performance Indicators | 1 | 2 | Assessment |
|----|--|----------|----------|---------------------------------|
| B. | Identify and describe the structure and function of the major body systems. | X | X | Teacher-made test Worksheets |
| C. | Analyze nutritional concepts that impact health. | X | X | |
| E. | Identify health problems that can occur throughout life and describe ways to prevent them. | | | |

PA Standard: 10.2.6 Healthful Living

X – performance assessed during that semester

| | Performance Indicators | 1 | 2 | Assessment |
|----|---|----------|----------|-------------------|
| A. | Explain the relationship between personal health practices and individual well-being. | X | X | Posters |

ASSESSMENTS

PSSA Assessment Anchors Addressed: The teacher must be knowledgeable of the PDE Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current assessment anchors can be found at pde@state.pa.us.

Formative Assessments: The teacher will develop and use standards-based assessments throughout the course.

Portfolio Assessment: _____ Yes X No

District-wide Final Examination Required: _____ Yes X No

Course Challenge Assessment (Describe):

REQUIRED COURSE SEQUENCE AND TIMELINE

(Content must be tied to objectives)

| Content Sequence | Dates |
|------------------|-------|
|------------------|-------|

Objectives:

Health and Wellness

- Physical
- Mental
- Social
- Emotional

Tobacco

- Smoking
- Chewing

Nutrition

- Healthy Choices

Body Systems

- Reproductive
- Nervous
- Integumentary
- Urinary
- Endocrine
- Immune

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WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? Yes No
2. Does this course issue a mark/grade for the report card? Yes No
3. Does this course issue a Pass/Fail mark? Yes No
4. Is the course mark/grade part of the GPA calculation? Yes No
5. Is the course eligible for Honor Roll calculation? Yes No
6. What is the academic weight of the course?
 No weight/Non credit Standard weight
 Enhanced weight (Describe)