

2010-11 Highmark Healthy High 5 Challenge Grant Summary

Grant Overview: The Highmark Healthy High 5 grant promotes lifelong, healthy behaviors in young people ages 6-18 to help them grow physically, mentally and emotionally in the communities served by the Highmark Foundation. Highmark Healthy High 5 provides support in five areas critical to children's overall health and well-being, including nutrition, physical activity, self-esteem, grieving and bullying.

Highmark is bringing the grant to a finish, with the last applications for funding being accepted in April 2011. The district has pushed the Highmark application to all schools, asking for interested teachers to submit funding ideas.

A number of district schools have responded with proposals, including heart rate monitors, a climbing wall, adoption of an evidence-based Program (SPARK), a cross-country ski program, and a video game system to promote physical activity.

The administration will work with all interested parties to develop viable projects for submission.

Amount of Award: Up to \$10,000 per school.

Due Date/Notification of Award: Applications are due monthly. Notification is usually one month after submission.

Alternatives if not Awarded: The proposed activities/programs will not take place without grant funding.

WCSD Resources Required: None.

Administrative Recommendation: That the Board of School Directors instructs the administration to develop applications to the Highmark Healthy High 5 School Challenge Grant program with interested district schools.