

**Warren County School District**

**PLANNED INSTRUCTION**

**COURSE DESCRIPTION**

**Course Title:** First Aid/CPR & Care/Prevention of Athletic Injuries

**Course Number:** 00641

**Course Prerequisites:** Health 9

**Course Description:**

First Aid/CPR & Care/Prevention of Athletic Injuries course is an elective option based upon The American Red Cross Program. Students will analyze and apply strategies for the management of injuries in the home, school, sports and community. In addition, this course will emphasize the value of a safe environment and healthy lifestyle. Successful completion of the course provides students with the opportunity for certification in First Aid and CPR by the American Red Cross. **Successful completion of Health 9 is required prior to enrolling in this course.** This course has a final exam.

**Suggested Grade Level:** Grades 10-12

**Length of Course:**     ☒ One Semester                      ☐ Two Semesters                      ☐ Other

**Units of Credit:** .5 (Insert *None* if appropriate)

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**  
CSPG #47 (4805 Health & Physical Education and/or 4810 Health)

**Certification verified by WCSD Human Resources Department:** ☒ Yes     ☐ No

**TEXTBOOK AND SUPPLEMENTAL MATERIALS**

**Continue using Board approved textbook?** ☒ Yes     ☐ No (*If yes, then complete the information below.*)

**Board Approved Textbooks, Software, Supplemental Materials:**

**Title:** First Aid/CPR/AED

**Publisher:** American Red Cross

**ISBN #:** 978-1-58480-665-3

**BOARD APPROVAL:**

**Date Written:** January 21, 2019

**Date Approved:** \_\_\_\_\_

**Implementation Date:** 2019-2020

**SPECIAL EDUCATION AND GIFTED REQUIREMENTS**

The teacher shall make appropriate modification to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

**COURSE OVERVIEW**

**Topics to be covered:**

- *Athletic Injuries*
  - *Care*
  - *Prevention*
- *CPR*
  - *Adult & Infant*
- *AED*
- *First Aid*
  - *Sudden Illness*
  - *Environmental Emergencies*
  - *Shock*
  - *Poisoning*
  - *Burns*
  - *Bites*
  - *Lightening*

10.1.12 Concepts of Health

- A. Evaluate factors that impact growth and development during adulthood and late adulthood.
- B. Evaluate factors that impact the body systems and apply protective/ preventive strategies.
- E. Identify and analyze factors that influence the prevention and control of health problems.

10.2.12 Healthful Living

- A. Evaluate health care products and services that impact adult health practices.
- E. Analyze the interrelationship between environmental factors and community health.

10.3.12 Safety and Injury Prevention

- B. Analyze and apply strategies for the management of injuries.
- D. Evaluate the benefits, risks and safety factors associated with self-selected life-long physical activities.

#### 10.4.12 Physical Activity

- C. Evaluate how changes in adult health status may affect the responses of the body systems during moderate to vigorous physical activity.

### ASSESSMENT

**Portfolio Assessment:** \_\_\_\_\_ Yes      X   No

**District-Wide Common Final Examination Required:**   X   Yes    \_\_\_\_\_ No

**Course Challenge Assessment (Describe):** N/A

**WRITING TEAM:** Warren County School District Teachers

### WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination?   X   Yes    \_\_\_\_\_ No  
*\*Warren County School District Policy 9741 and 9744 state, "All classes in grades 9-12 shall have a final exam."*
2. Does this course issue a mark/grade for the report card?   X   Yes    \_\_\_\_\_ No
3. Does this course issue a Pass/Fail mark? \_\_\_\_\_ Yes      X   No
4. Is the course mark/grade part of the GPA calculation?   X   Yes    \_\_\_\_\_ No
5. Is the course eligible for Honor Roll calculation?   X   Yes    \_\_\_\_\_ No
6. What is the academic weight of the course?  
\_\_\_\_\_ No weight/Non credit        X   Standard weight      \_\_\_\_\_ Enhanced weight