

WARREN COUNTY SCHOOL DISTRICT

VIRTUAL PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: HS Health
Course Number: 10626
Course Prerequisites: Completion of MS Health

Course Description: See Attachment

Suggested Grade Level: Grades 9-12

Length of Course: One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:
CSPG 47

To find the CSPG information, go to <https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx>

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☐ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☒ NHS-National Honor Society
☐ UGPA-Non-Weighted Grade Point Average ☒ GPA-Weighted Grade Point Average

State Course Code: 08051

To find the State Course Code, go to <https://nces.ed.gov/forum/sced.asp>, download the Excel file for SCED, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Supplemental Materials: Accelerate Education (Virtual Academy)

Curriculum Document

WCSD Board Approval:

Date Finalized: 9/19/2019

Date Approved: 11/4/2019

Implementation Year: 19-20

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SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

ASSESSMENTS

PSSA Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Lesson quizzes, projects, discussion boards, and module exams

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Semester exams

Health Syllabus

Module 1

1.01 The Picture of Health

1.01 Quiz

1.02 Healthy Change

1.02 Quiz

1.03 Analyzing Health Information

1.03 Quiz

Module 1 Exam A

1.04 Stress and Stressors

1.04 Quiz

1.05 The Effects of Stress

1.05 Quiz

1.06 Coping Strategies

1.06 Quiz

Module 1 Exam B

Module 2

2.01 Psychological Health

2.01 Quiz

2.02 Psychological Illness and Disorders

2.02 Quiz

2.03 Suicide Risks and Prevention

2.03 Quiz

Module 2 Exam A

2.04 Effects of Violence

2.04 Quiz

2.05 Types of Violence

2.05 Quiz

2.06 Preventing Violence

2.06 Quiz

Module 2 Exam B

Module 3

3.01 Nutrition

3.01 Quiz

3.02 Macronutrients, Micronutrients

3.02 Quiz

3.03 Food Labels

3.03 Quiz

Module 3 Exam A

3.04 Physical Fitness

3.04 Quiz

3.05 Body Composition

3.05 Quiz

3.06 Fitness for Health

3.06 Quiz

Module 3 Exam B

Mid-Term Exam

Module 4

4.01 Alcohol & Tobacco

4.01 Quiz

4.02 Treatment & Prevention

4.02 Quiz

4.03 Drug Use, Misuse & Abuse

4.03 Quiz

Module 4 Exam

Module 5

5.01 Human Reproduction

5.01 Quiz

5.02 Types of Contraception

5.02 Quiz

5.03 Pregnancy

5.03 Quiz

Module 5 Exam A

5.04 Noninfectious & Infectious Diseases

5.04 Quiz

5.05 Sexually Transmitted Infections

5.05 Quiz

5.06 Protecting Yourself against STIs

5.06 Quiz

Module 5 Exam B

Module 6

6.01 What is Cancer?

6.01 Quiz

6.02 Reducing the Risk

6.02 Quiz

6.03 Treating Cancer

6.03 Quiz

Module 6 Exam A

6.04 Aging

6.04 Quiz

6.05 Death & Dying

6.05 Quiz

6.03 Grief & Bereavement

6.03 Quiz

Module 6 Exam B

Semester Exam