**COURSE DESCRIPTION**

**Course Title:** Middle Level Adapted Physical Education

**Course Number:** 00621

**Course Prerequisites:** None

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| --- | --- |
| **Course Description:** | Grade 5-8 Adapted Physical Education begins to further develop team, dual, individual and recreational sport strategies with a focus on concepts and rules of play. Students will recognize the value and benefits of physical fitness and its importance in regards to maintaining a healthy lifestyle. Students will complete the WCSD Modified Fitness Test. |

**Suggested Grade Level**: Grades 5-8

**Length of Course:** One Semester

**Units of Credit:** .5

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to <https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx>

**Certification verified by the WCSD Human Resources Department:** Yes No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

**GPA Type**:  GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code**: 08001

To find the State Course Code, go to <https://nces.ed.gov/forum/sced.asp>, download the Excel file for *SCED*, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:**  Click or tap here to enter text.

**Publisher:** Click or tap here to enter text.

**ISBN #:**  Click or tap here to enter text.

**Copyright Date:** Click or tap here to enter text.

**WCSD Board Approval Date:** Click or tap here to enter text.

**Supplemental Materials:** Click or tap here to enter text.

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 11/6/2019

**Date Approved:**  2/10/2020

**Implementation Year:** 2020/2021

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT, CONCEPTS, AND SKILLS**

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| --- | --- | --- |
| **Performance Indicator** | **PA Core Standard and/or Eligible Content** | **Month Taught and Assessed for Mastery** |
| Analyze the role of individual responsibility for safety during physical activity. | Safety and Injury Prevention  10.3.6 D | September  October |
| Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health. | Physical Activity  10.4.6 A | September  January |
| Identify and apply ways to monitor and assess the body’s response to moderate to vigorous physical activity. (Fitness assessment) | Physical Activity  10.4.6 C | December  May |
| Identify and describe positive and negative interactions of group members in physical activities. | Physical Activity  10.4.6 F | September  February |
| Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills. | Concepts, Principles, and Strategies of Movement  10.5.6 A | November  March |
| Identify and apply the concepts of motor skill development to a variety of basic skills. | Concepts, Principles, and Strategies of Movement  10.5.6 B | September  June |
| Identify and apply game strategies to basic games and physical activities. | Concepts, Principles, and Strategies of Movement  10.5.6 F | November  March |
| Identify and apply concepts of team sports. | Physical Activity  10.4.6 A | November  March |
| Identify and apply concepts of dual and individual sports. | Physical Activity  10.4.6 A | September  February |
| Identify and apply concepts of Recreational sports. | Physical Activity  10.4.6 A | December  April |

**ASSESSMENTS**

**PSSA Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Skill assessment, teacher observation and Modified Adapted Physical Education Fitness Testing.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Skill assessment and teacher observation.