

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education 6

Course Number: 00603

Course Prerequisites: None

Course Description: Grade 6 begins to further develop team, dual, individual, and recreational sport strategies, with a focus on concepts and rules of play. The student will also recognize the value and benefits of physical fitness in maintaining a healthy lifestyle. Students will complete WCSD Fitness Testing.

Suggested Grade Level: Grade 6

Length of Course: One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

GSPG 47

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☐ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society
☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08001

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: NA
Publisher: NA
ISBN #: NA
Copyright Date: NA
WCSD Board Approval Date: NA

Supplemental Materials: NA

Curriculum Document

WCSD Board Approval:

Date Finalized: 2/12/2018
Date Approved: 3/12/2018
Implementation Year: 2018-2019

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

Team Sports: Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball

Recreational Sports: Kickball/Variations, Structured Games

Individual/Dual Sports: Track & Field, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 2

Team Sports: Basketball, Floor Hockey, Team Handball

Recreational Sports: Bowling, Structured Games

Individual/Dual Sports: Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 3

Team Sports: Basketball, Floor Hockey, Team Handball

Recreational Sports: Bowling, Structured Games

Individual/Dual Sports: Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 4

Team Sports: Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball

Recreational Sports: Kickball/Variations, Structured Games

Individual/Dual Sports: Track & Field, Cooperative Activities, Conditioning/Fitness Activities

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PLANNED INSTRUCTION

Standards/Eligible Content and Skills

| Performance Indicator | PA Core Standard and/or Eligible Content | Marking Period Taught |
|--|---|------------------------------|
| Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health. | 10.4.6 Physical Activity | MP 1 & 4 MP 2 & 3 |
| Explain the effects of regular participation in moderate to vigorous physical activities on the body systems. | 10.4.6 Physical Activity | MP 1 & 4 MP 2 & 3 |
| Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity. | 10.4.6 Physical Activity | MP 1 & 4 MP 2 & 3 |
| Describe factors that affect childhood physical activity preferences. | 10.4.6 Physical Activity | MP 1 & 4 MP 2 & 3 |
| Identify factors that have an impact on the relationship between regular participation in physical activity and the degree of motor skill improvement. | 10.4.6 Physical Activity | MP 1 & 4 MP 2 & 3 |
| Identify and describe positive and negative interactions of group members in physical activities. | 10.4.6 Physical Activity | MP 1 & 4 MP 2 & 3 |
| Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills. | 10.5.6 Concepts, Principle & Strategies of Movement | MP 1 & 4 MP 2 & 3 |
| Identify and apply the concepts of motor skill development to a variety of basic skills. | 10.5.6 Concepts, Principle & Strategies of Movement | MP 1 & 4 MP 2 & 3 |
| Describe the relationship between practice and skill development. | 10.5.6 Concepts, Principle & Strategies of Movement | MP 1 & 4 MP 2 & 3 |
| Describe and apply the principles of exercise to the components of health related and skill-related fitness. | 10.5.6 Concepts, Principle & Strategies of Movement | MP 1 & 4 MP 2 & 3 |
| Identify and use scientific principles that affect basic movement and skills using appropriate vocabulary. | 10.5.6 Concepts, Principle & Strategies of Movement | MP 1 & 4 MP 2 & 3 |
| Identify and apply game strategies to basic games and physical activities. | 10.5.6 Concepts, Principle & Strategies of Movement | MP 1 & 4 MP 2 & 3 |
| Analyze the role of individual responsibility for safety during physical activity. | 10.3.6 Safety & Injury Prevention | MP 1 & 4 MP 2 & 3 |

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: : Teacher Observation, Fitness Testing, Participation, Sportsmanship, Preparation (Proper Fitness Attire)

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Participation, Sportsmanship, Preparation (Proper Fitness Attire)