

## WARREN COUNTY SCHOOL DISTRICT

### PLANNED INSTRUCTION

#### **COURSE DESCRIPTION**

**Course Title:** Health 7

**Course Number:** 00605

**Course Prerequisites:** None

**Course Description:** Health 7 will address the Pennsylvania Academic standards for Health, Safety, and Physical Education. Elements of the curriculum will include concepts of health, health and wellness, life skills, body systems, substance use, and stress management. It is hoped that each student will begin to implement and value a personal health maintenance plan.

**Suggested Grade Level:** Grade 7

**Length of Course:** One Nine-Week Marking Period

**Units of Credit:** .25

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG 47

To find the CSPG information, go to [CSPG](#)

**Certification verified by the WCSD Human Resources Department:** ☒ Yes ☐ No

#### **WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

**GPA Type:** ☐ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

**State Course Code:** 08051

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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#### **TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

##### **Board Approved Textbooks, Software, and Materials:**

**Title:** Teen Health Consolidated Modules  
**Publisher:** McGraw Hill  
**ISBN #:** 978-0-02-138549-9  
**Copyright Date:** 2014  
**WCSD Board Approval Date:** April 9, 2018

**Supplemental Materials:** NA

#### **Curriculum Document**

##### **WCSD Board Approval:**

**Date Finalized:** 2/13/2018  
**Date Approved:** 8/28/2018  
**Implementation Year:** 2018-2019

#### **SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

Health & Wellness  
Bullying & Cyberbullying  
Mental Health  
Conflict Resolution  
Body Systems  
Substance Use & Abuse

**Marking Period 2**

Health & Wellness  
Bullying & Cyberbullying  
Mental Health  
Conflict Resolution  
Body Systems  
Substance Use & Abuse

**Marking Period 3**

Health & Wellness  
Bullying & Cyberbullying  
Mental Health  
Conflict Resolution  
Body Systems  
Substance Use & Abuse

**Marking Period 4**

Health & Wellness  
Bullying & Cyberbullying  
Mental Health  
Conflict Resolution  
Body Systems  
Substance Use & Abuse

**WARREN COUNTY SCHOOL DISTRICT****PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

<b>Performance Indicator</b>	<b>PA Core Standard and/or Eligible Content</b>	<b>Marking Period Taught</b>
Analyze factors that impact growth and development between adolescence and adulthood.	Concepts of Health 10.1.9 A	MP1, MP 2, MP 3, MP 4
Analyze the interdependence existing among the body systems.	Concepts of Health 10.1.9 B	MP1, MP 2, MP 3, MP 4
Analyze prevention and intervention strategies in relation to adolescent and adult drug use.	Concepts of Health 10.1.9 C	MP1, MP 2, MP 3, MP 4
Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.	Concepts of Health 10.1.9 D	MP1, MP 2, MP 3, MP 4
Identify and describe health care products and services that impact adolescent health practices.	Healthful Living 10.2.9 A	MP1, MP 2, MP 3, MP 4
Analyze the relationship between health-related information and adolescent consumer choices.	Healthful Living 10.2.9 B	MP1, MP 2, MP 3, MP 4
Analyze media health and safety messages and describe their impact on personal health and safety.	Healthful Living 10.2.9 C	MP1, MP 2, MP 3, MP 4
Analyze and apply a decision-making process to adolescent health and safety issues.	Healthful Living 10.2.9 D	MP1, MP 2, MP 3, MP 4
Explain the interrelationship between the environment and personal health.	Healthful Living 10.2.9 E	MP1, MP 2, MP 3, MP 4
Analyze the role of individual responsibility for safe practices and injury prevention in the home, school and community.	Safety and Injury Prevention 10.3.9 A	MP1, MP 2, MP 3, MP 4
Analyze and apply strategies to avoid or manage conflict and violence during adolescence.	Safety and Injury Prevention 10.3.9 B	MP1, MP 2, MP 3, MP 4
Analyze the role of individual responsibility for safety during physical activity.	Safety and Injury Prevention 10.3.6 D	MP1, MP 2, MP 3, MP 4

## **ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, POD's, Teacher Observation.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Projects, Quizzes, Tests, Written Assignments