

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education 8

Course Number: 00607

Course Prerequisites: None

Course Description: Grade 8 prepares students to develop future personal fitness choices while reviewing and putting to practice the lessons developed in previous grades. The student will recognize the value and benefit of physical fitness in maintaining a healthy lifestyle. Students will complete the WCSD Fitness Testing.

Suggested Grade Level: Grade 8

Length of Course: One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☐ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society
☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08001

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: NA

Publisher: NA

ISBN #: NA

Copyright Date: NA

WCSD Board Approval Date: NA

Supplemental Materials: NA

Curriculum Document

WCSD Board Approval:

Date Finalized: 2/13/2018

Date Approved: 3/12/2018

Implementation Year: 2018-2019

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

Team Sports: Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball

Recreational Sports: Kickball/Variations, Structured Games

Individual/Dual Sports: Track & Field, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 2

Team Sports: Basketball, Floor Hockey, Team Handball

Recreational Sports: Bowling, Structured Games

Individual/Dual Sports: Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 3

Team Sports: Basketball, Floor Hockey, Team Handball

Recreational Sports: Bowling, Structured Games

Individual/Dual Sports: Racquet Sports, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 4

Team Sports: Soccer, Volleyball, Football, Ultimate Frisbee/Disc, Whiffle Ball

Recreational Sports: Kickball/Variations, Structured Games

Individual/Dual Sports: Track & Field, Cooperative Activities, Conditioning/Fitness Activities

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PLANNED INSTRUCTION

Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.	10.4.6 Physical Activity	MP 1 & 4 MP 2 & 3
Explain the effects of regular participation in moderate to vigorous physical activities on the body systems.	10.4.6 Physical Activity	MP 1 & 4 MP 2 & 3
Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity.	10.4.6 Physical Activity	MP 1 & 4 MP 2 & 3
Describe factors that affect childhood physical activity preferences	10.4.6 Physical Activity	MP 1 & 4 MP 2 & 3
Identify factors that have an impact on the relationship between regular participation in physical activity and the degree of motor skill improvement.	10.4.6 Physical Activity	MP 1 & 4 MP 2 & 3
Identify and describe positive and negative interactions of group members in physical activities.	10.4.6 Physical Activity	MP 1 & 4 MP 2 & 3
Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills.	10.5.6 Concepts, Principle and Strategies of Movement	MP 1 & 4 MP 2 & 3
Identify and apply the concepts of motor skill development to a variety of basic skills.	10.5.6 Concepts, Principle and Strategies of Movement	MP 1 & 4 MP 2 & 3
Describe the relationship between practice and skill development	10.5.6 Concepts, Principle and Strategies of Movement	MP 1 & 4 MP 2 & 3
Describe and apply the principles of exercise to the components of health related and skill-related fitness.	10.5.6 Concepts, Principle and Strategies of Movement	MP 1 & 4 MP 2 & 3
Identify and use scientific principles that affect basic movement and skills using appropriate vocabulary.	10.5.6 Concepts, Principle and Strategies of Movement	MP 1 & 4 MP 2 & 3
Identify and apply game strategies to basic games and physical activities.	10.5.6 Concepts, Principle and Strategies of Movement	MP 1 & 4 MP 2 & 3
Analyze the role of individual responsibility for safety during physical activity.	10.3.6 Safety and Injury Prevention	MP 1 & 4 MP 2 & 3

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Teacher Observation, Fitness Testing, Participation, Sportsmanship, Preparation (Proper Fitness Attire)

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Participation, Sportsmanship, Preparation (Proper Fitness Attire)