

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health- Grade 4

Course Number: 08467

Course Prerequisites: None

Course Description: Fourth grade health shall teach, challenge, and support every student to realize his/her potential for healthy living. Students will access valid health information through QuaverEd online resource. Health will occur one time per week for two marking periods. Health 4 will receive a pass/fail mark on the report card.

Suggested Grade Level: Grade 4

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG #47 or #69 or #70

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☒ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Society
☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08074

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: n/a

Publisher: n/a

ISBN #: n/a

Copyright Date: n/a

WCSD Board Approval Date: n/a

Supplemental Materials: QuaverEd Health-PE

Curriculum Document

WCSD Board Approval:

Date Finalized: 7/27/2023

Date Approved: Click or tap to enter a date.

Implementation Year: 2023-2024

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

Marking Period 2

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

Marking Period 3

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

Marking Period 4

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene
5. Mental Health and Wellness
6. Healthy Eating and Nutrition
7. Disease and Illness Prevention
8. Safety and Accident Prevention

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Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Look at the community with a critical eye for health practices.	10.2.6 E	
Identify how technology influences health and learn valid sources of health information.	10.2.6 C	
Know how to recognize and prevent common safety hazards and how to respond to more dangerous injuries.	10.3.6 B	
Read and respond to nonverbal forms of communication such as facial expressions and body language, especially in the context of defusing or resolving potential conflict.	10.2.6 C 10.3.6 C	
Respect individual differences among friends without allowing negative emotions to trigger unhealthy behaviors.	10.1.6 A	
Identify positive social groups and role models as well as resist peer pressure.	10.1.6 D	
Recognize when to make different choices based on past experiences.	10.2.6 D	
Develop evaluation criteria necessary for good decision-making.	10.3.6 C 10.2.6 D	
Develop effective ways to improve personal hygiene.	10.1.6 E	
Understand the consequences of poor oral hygiene and the importance of creating a daily dental health routine.	10.1.6 C	
Understand the warning signs and protective factors of self-harm as well as the importance of seeking assistance from a trusted adult.	10.2.6 D 10.1.6 E	
Identify and deal with situations or activities that result in anxious feelings.	10.2.6 D 10.1.6 E	
Identify the six major nutrients and foods they are found in.	10.1.6 C	
Identify the possible negative reactions that can occur when eating certain foods.	10.1.6 E 10.1.6 C	
Understand refusal skills and how to say no when offered tobacco, alcohol, or drugs.	10.1.6 D	
Define mental health as an important part of overall wellness and to identify mental health providers in school and community settings.	10.1.6 E	
Understand major disease types, communicable and noncommunicable, and their impact on the population.	10.1.6 E 10.1.6 B	
Assess how personal decisions can reduce and prevent injuries.	10.3.6 A	

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ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Class Participation, Teacher Observation

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Projects, Quizzes, Tests, and Written Assignments