PLANNED INSTRUCTION

### **COURSE DESCRIPTION**

Course Title:Health KindergartenCourse Number:08067Course Prerequisites:None

**Course Description:** Health K shall teach and support the exploration of concepts for healthy living, including general health, social behavior, responsible decision-making, healthy practices and hygiene, mental health and wellness, healthy eating and nutrition, PBIS, disease and illness prevention, safety and accident prevention, and antibullying strategies.

Suggested Grade Level: Kindergarten Length of Course: Once A Week

 Units of Credit:
 None

 PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

 CSPG # 47 or #69

 To find the CSPG information, go to CSPG

 Certification verified by the WCSD Human Resources Department:
 XYes

#### WCSD STUDENT DATA SYSTEM INFORMATION

Course Level:	Academic
Mark Types:	Check all that apply.
	$\boxtimes$ F – Final Average $\boxtimes$ MP – Marking Period $\square$ EXM – Final Exam
GPA Type:	🖾 GPAEL-GPA Elementary 🛛 GPAML-GPA for Middle Level 🗌 NHS-National Honor Society
	UGPA-Non-Weighted Grade Point Average

#### State Course Code: 08070

To find the State Course Code, go to <u>State Course Code</u>, download the Excel file for *SCED*, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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## **TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

#### **Board Approved Textbooks, Software, and Materials:**

Title:	QuaverEd Health-PE
Publisher:	n/a
ISBN #:	n/a
Copyright Date:	n/a
WCSD Board Approval Date:	n/a

Supplemental Materials:

### **Curriculum Document**

WCSD Board Approval:	
Date Finalized:	2/12/2025
Date Approved:	5/05/2025
Implementation Year:	2025-2026

## **SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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# **SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

# Marking Period 1:

- 1. General Health
- 2. Social Behavior
- 3. PBIS

## Marking Period 2:

- 1. Responsible Decision Making
- 2. Healthy Practices and Hygiene

## Marking Period 3:

- 1. Mental Health and Wellness
- 2. Healthy Eating and Nutrition
- 3. PBIS

## Marking Period 4:

- 1. Disease and Illness Prevention
- 2. Safety and Accident Prevention
- 3. Bullying

### PLANNED INSTRUCTION

# Standards/Eligible Content and Skills

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Define the four areas of health and identify what factors contribute to holistic health.	10.2.3.B	MP1
Promote the students' ability to listen actively and respond appropriately, based on their needs and the needs and concerns of others.	10.3.3.C	MP1
Promote the students' ability to recognize problems as well as learn ways to effectively solve them.	10.3.3.C	MP2
Strengthen students' understanding of and ability to perform hygiene habits for personal health.	10.2.3.A	MP2
Define emotion and learn how to communicate their feelings using words for different emotions.	10.3.3.C	MP3
Understand how food correlates to personal health and body function.	10.1.3.C	MP3
Understand what happens at a checkup so students feel comfortable during the experience.	10.2.3.A	MP4
Understand the importance of wearing protective equipment such as helmets and seat belts.	10.3.3.A	MP4

# ASSESSMENTS

**PDE Academic Standards, Assessment Anchors, and Eligible Content: The** teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Class Participation, Teacher Observation

**Summative Assessments: The** teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Projects, Quizzes, Tests, and Written Assignments