

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health 1

Course Number: 08167

Course Prerequisites: None

Course Description: Health 1 shall teach and support the exploration of concepts for healthy living, including general health, social behavior, responsible decision-making, healthy practices and hygiene, mental health and wellness, healthy eating and nutrition, PBIS, disease and illness prevention, safety and accident prevention, and anti-bullying strategies.

Suggested Grade Level: Grade 1

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG #47 or #69

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☒ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society
☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08071

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: QuaverEd Health-PE
Publisher: n/a
ISBN #: n/a
Copyright Date: n/a
WCSD Board Approval Date: 6/12/23

Supplemental Materials:

Curriculum Document

WCSD Board Approval:

Date Finalized: 2/12/2025
Date Approved: 5/05/2025
Implementation Year: 2025-2026

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1:

1. General Health
2. Social Behavior
3. PBIS

Marking Period 2:

1. Responsible Decision Making
2. Healthy Practices and Hygiene

Marking Period 3:

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. PBIS

Marking Period 4:

1. Disease and Illness Prevention
2. Safety and Accident Prevention
3. Anti-Bullying

WARREN COUNTY SCHOOL DISTRICT**PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Understand the importance of responsibility for one's personal health.	10.2.3.B 10.3.3.C	MP1
Strengthen students' ability to respectfully communicate their needs, wants, and feelings.	10.3.3.B	MP1
Strengthen students' ability to identify and solve both internal and external problems.	10.2.3.D	MP2
Introduce four body systems: skeletal, muscular, circulatory, and respiratory.	10.1.3.B	MP2
Promote students' ability to understand happiness and share it with others.	10.3.3.C	MP3
Identify healthy portions regarding different kinds of food.	10.1.3.C	MP3
Expand students' understanding of what happens during dental exams to ease anxious feelings during the experience.	10.2.3.A	MP3
Understand what to do when they do not feel well.	10.1.3.E	MP4
Identify common injuries and ways to prevent them.	10.3.3.A	MP4

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Class Participation, Teacher Observation

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Projects, Quizzes, Tests, and Written Assignments