

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health 3

Course Number: 08367

Course Prerequisites: None

Course Description: Health 3 shall teach and support the exploration of concepts for healthy living, including general health, social behavior, responsible decision-making, healthy practices and hygiene, mental health and wellness, healthy eating and nutrition, PBIS, disease and illness prevention, safety and accident prevention, and anti-bullying strategies.

Suggested Grade Level: Grade 3

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG # 47 or #69

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☒ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society
☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08073

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: QuaverEd Health-PE
Publisher: n/a
ISBN #: n/a
Copyright Date: n/a
WCSD Board Approval Date: 6/12/23

Supplemental Materials:

Curriculum Document

WCSD Board Approval:

Date Finalized: 2/12/2025
Date Approved: 5/05/2025
Implementation Year: 2025-2026

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1:

1. General Health
2. Social Behavior
3. PBIS

Marking Period 2:

1. Responsible Decision Making
2. Healthy Practices and Hygiene

Marking Period 3:

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. PBIS

Marking Period 4:

4. Disease and Illness Prevention
5. Safety and Accident Prevention
6. Anti-Bullying

WARREN COUNTY SCHOOL DISTRICT**PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Become aware of health practices at school.	10.1.6.A	All
Explore the difference between healthy and unhealthy influences or traditions.	10.1.6.A	MP2
Manage or resolve conflict in an appropriate and peaceful manner.	10.3.6.C	MP1
Distinguish between healthy and unhealthy friendships.	10.3.6.C	MP1
Recognize that there are a variety of solutions and consequences that can occur in any situation.	10.3.6.C	All
Set a health-related goal and consider the possible outcomes if the goal is achieved.	10.2.6.D	All
Understand personal responsibility for online usage as well as identify appropriate people to communicate with and information to share.	10.2.6.C	MP1
Introduce four body systems: nervous, digestive, immune, and integumentary.	10.1.6.B	MP4
Reinforce and practice different ways to improve dental hygiene.	10.2.6.A	MP2
Identify and implement healthy strategies for coping with physical, mental, and emotional concerns.	10.2.6.D	MP3
Recognize stressors and apply proven strategies to avoid or relieve symptoms of stress	10.2.6.D	MP3
Create healthy nutritional habits by selecting nutrient-dense foods.	10.1.6.C	MP3
Make healthy food choices using valid and reliable resources.	10.1.6.C	MP3
Provide students with detailed knowledge about what happens during a visit to the eye or ear doctor.	10.2.6.A	MP1
Become aware of diseases not caused by germs.	10.1.6.E	MP4
Understand how to enjoy the water safely and how to prevent injury or drowning.	10.3.6.A	MP4
Understand how to ask for and get help in an unsafe situation and how to seek assistance in making decisions regarding personal safety.	10.3.6.A	MP4

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ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Class Participation, Teacher Observation

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Projects, Quizzes, Tests, and Written Assignments