

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health 5

Course Number: 08567

Course Prerequisites: None

Course Description: Health 5 shall teach and support the exploration of concepts for healthy living, including general health, social behavior, responsible decision-making, healthy practices and hygiene, mental health and wellness, healthy eating and nutrition, PBIS, disease and illness prevention, safety and accident prevention, and anti-bullying strategies.

Suggested Grade Level: Grade 5

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG #47 or #70

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☒ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08075

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: QuaverEd Health-PE
Publisher: n/a
ISBN #: n/a
Copyright Date: n/a
WCSD Board Approval Date: 6/12/23

Supplemental Materials:

Curriculum Document

WCSD Board Approval:

Date Finalized: 2/12/2025
Date Approved: 5/05/2025
Implementation Year: 2025-2026

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

1. General Health
2. Social Behavior
3. PBIS

Marking Period 2

1. Responsible Decision Making
2. Healthy Practices and Hygiene

Marking Period 3

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. PBIS

Marking Period 4

1. Disease and Illness Prevention
2. Safety and Accident Prevention
3. Bullying

WARREN COUNTY SCHOOL DISTRICT**PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Understand how individual behaviors impact personal health in various ways and over time.	10.2.6.D	All
Promote informed health decisions.	10.2.6.C	All
Create an emergency response plan.	10.3.6.B	MP4
Learn how to have conversations with others when conflict or disagreement exists or when feelings might have been hurt.	10.3.6.C	MP1
Recognize various forms of diversity and how they enrich people's lives.	10.1.6.A	MP2
Create long-term and short-term problem-solving strategies.	10.2.6.A	MP2
Evaluate the accuracy and truthfulness of information derived from a variety of sources.	10.2.6.A	MP1
Analyze the impact of healthy habits.	10.2.6.E	All
Identify the lifetime benefits of dental hygiene.	10.2.6.A	MP2 MP4
Recognize the warning signs of suicide and learn ways to address them.	10.3.6.C	MP3
Understand and prevent the consequences of stress by maintaining healthy behaviors and using stress relief strategies when needed.	10.1.6.E	MP3
Identify common eating disorders and their negative impact on multiple dimensions of health.	10.1.6.C 10.2.6.B	MP3
Identify and explore sadness and know when to seek support.	10.3.6.A	MP3
Identify proper management of common illnesses and diseases.	10.1.6.B	MP4
Promote safety and identify personal responsibility.	10.3.6.A	MP4
Evaluate situations in order to remain safe.	10.3.6.A	MP4

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ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Class Participation, Teacher Observation.

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Projects, Quizzes, Tests, and Written Assignments