



2007 March

National Nutrition Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Celebrate National Nutrition Month! Strive to Include These Key Components In Your Life Style: *Develop a Healthy Eating Plan *Actively Pursue Variety *Eating in Moderation *Develop a Fitness Plan			1 <u>Main Entrée</u> Chicken Fajita w/ Steamed Rice <u>Grab N Go</u> Tuna Salad Assorted Sub	2 <u>Main Entrée</u> Meatloaf w/ M.P. Gravy & Roll <u>Grab N Go</u> Tuna Salad Assorted Sub	SERVED DAILY Cheese Pizza Served Daily <u>Pizzeria</u> Week 1 Pepperoni Week 2 Bacon Week 3 Sausage Week 4 Pepperoni Week 5 Bacon <u>Pasta Bar</u> Choice of Sauce: Marinara Meat Cheese <u>Grill Line</u> Chicken Patties Cheeseburgers <u>Offer vs Served</u> You must take 3 components to make a Lunch meal. Choose 3 of the following: * Protein (Meat or Cheese) * Bread * Fruit or Vegetable * Choice of Milk * Juice <u>Lunch Prices</u> Full Paid Meals \$1.85 Reduced Meals \$.40 Adult Meals \$3.50 All Milk \$.50 Checks Payable To: School Cafeteria National School Breakfast Week is March 5-9!
5 <u>Main Entrée</u> Chicken Fries w/ Carrots & Roll <u>Grab N Go</u> Italian Wrap Crispy Rancher	6 <u>Main Entrée</u> Pulled Pork Sand. w/ Oven Potato <u>Grab N Go</u> Italian Wrap Crispy Rancher	7 <u>Main Entrée</u> Salisbury Steak w/ M.P. Gravy & Roll <u>Grab N Go</u> Italian Wrap Crispy Rancher	8 <u>Main Entrée</u> Chicken & Biscuits w/ M.P. & Gravy <u>Grab N Go</u> Italian Wrap Crispy Rancher	9 <u>Main Entrée</u> Macaroni & Chz w/ Broccoli <u>Grab N Go</u> Italian Wrap Crispy Rancher	
12 <u>Main Entrée</u> Taco Nachos w/ Corn <u>Grab N Go</u> Turkey & Chz Wrap Chicken Salad	13 <u>Main Entrée</u> BBQ Chicken Wrap w/ Green Beans <u>Grab N Go</u> Turkey & Chz Wrap Chicken Salad	14 <u>Main Entrée</u> Hot Dog w/ Sauerkraut & Oven Potato <u>Grab N Go</u> Turkey & Chz Wrap Chicken Salad	15 <u>Main Entrée</u> Chicken Parmesan w/ Pasta & Roll <u>Grab N Go</u> Turkey & Chz Wrap Chicken Salad	16 <u>Main Entrée</u> Texas Grilled Chz w/ Tomato Soup <u>Grab N Go</u> Turkey & Chz Wrap Chicken Salad	
19 <u>Main Entrée</u> Meatball Hoagie w/ Seasoned Carrots <u>Grab N Go</u> Combo Sub Chef Salad	20 <u>Main Entrée</u> Chicken Nuggets w/ Peas & Roll <u>Grab N Go</u> Combo Sub Chef Salad	21 <u>Main Entrée</u> Hot Turkey Sand. w/ M.P. & Gravy <u>Grab N Go</u> Combo Sub Chef Salad	22 <u>Main Entrée</u> Chef's Special <u>Grab N Go</u> Combo Sub Chef Salad	23 <u>Main Entrée</u> Fish Sandwich w/ Oven Potato <u>Grab N Go</u> Combo Sub Chef Salad	
26 No School!!!!	27 No School!!!!	28 <u>Main Entrée</u> Baked Chicken w/ M.P. & Gravy <u>Grab N Go</u> Ham & Chz Wrap Antipasto Salad	29 <u>Main Entrée</u> Texas Grilled Ham & Chz w/ Baked Beans <u>Grab N Go</u> Ham & Chz Wrap Antipasto Salad	30 <u>Main Entrée</u> French Toast Stix w/ Hash Brown Patty & Sausage <u>Grab N Go</u> Ham & Chz Wrap Antipasto Salad	

Warren-Beaty Middle School Menu



Special News...
Celebrate National School Breakfast Week
With Your Friends at the 12 Spot!!

Menus are subject to change without notice.

