

What is a challenge Ropes Course?

- A series of cables, platforms, wooden beams, and ropes suspended 30 feet above ground.
- Challenging oneself personally and working together as a team, individuals maneuver through the course.
- Climbers are safely harnessed at all times.
- After a group's experience on the course, conversations facilitated by staff allow for personal and team reflection.

Benefits of a Ropes Course

- Team building through cooperation and encouragement
- Strengthened relationships by creating trusting bonds.
- Improved communication and problem solving skills
- Growth in confidence
- Experience in goal setting and perseverance
- Incredibly fun adventure

Who should use a High Ropes Course?

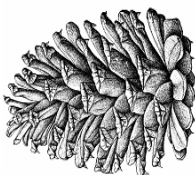
- Business Teams
- Athletic Teams
- Youth Groups
- Families
- Staffs
- Scout Groups

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**Pittsfield
Woods**

Nature Center and Arboretum
Route 6 & 27
Pittsfield, PA 16340



Take on the **CHALLENGE ROPES COURSE**



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Route 6 & 27 • Pittsfield, PA 16340

814-723-6900 • www.pittsfieldwoods.org



Low Course Elements

Low ropes course elements involve group participation in which everyone is needed to achieve a goal. Only through unified teamwork can the group succeed and move on to the next element. As group members work together, they develop trust, caring, decisiveness, determination, cooperation and communication.



Challenge Course Rates

High Course

4-hour (1-day) High Ropes Experience

\$25/person

8-hour (2-day) High Ropes Experience

\$50/person

Low Course

4-hour (1-day) Low Ropes Experience

\$20/person

8-hour (2-day) Low Ropes Experience

\$40/person

Combination Challenge

Low/High Ropes Combination Challenge Courses

Individual/Team Challenges-call for package pricing.

Meals

For groups over 12, meals can be made available by ARAMARK Food Services.

Continental Breakfast \$4.00/person

Breakfast \$6.00/person

Lunch \$7.00/person

Dinner \$8.00/person

Birthday/Party Packages:

(3-hours) -Call for party package rates.

Birthday party includes 2 hours on rope courses for up to 10 people, followed by 1 hour in our party room.

* Group/Cooperate Challenge Rate available upon Request, please call the Nature Center for details.



High Course Elements

These elements are 25 feet or more above the ground, providing an individual challenge where a person must overcome fear, doubt, self-consciousness and preconceived notions about failure. High ropes course elements are belayed by trained facilitators to ensure the safety of the participant.

High rope course elements develop:

- Trust
- Concentration
- Commitment
- Self confidence

