

**10615****STUDENT WELLNESS**

Warren County School District recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development, and readiness to learn. The Board is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.

To promote a healthy learning environment and a health-conscious curriculum, and to ensure compliance with state and federal law, the Board establishes the following student nutrition goals with the purpose of promoting student health and reducing childhood obesity.

- Provide nutrition education and physical education integrated curricula at the elementary, middle and high school levels.
- Contribute to the effort to provide students opportunities to accumulate at least 15 minutes of age appropriate daily physical activity in Kindergarten, 30 minutes in grades 1-5; and by school year 2007-2008 have a plan to provide students in grades 6-12 opportunities to accumulate at least 30 minutes of age appropriate daily physical activity. That time will include physical activity outside the school environment, such as outdoor play at home, sports and other activities.
- Provide yearly growth information for each student by school year 2008.
- Assure that the guidelines for reimbursable school meals shall not be less restrictive than regulations and guidelines issued by the U.S. Secretary of Agriculture.
- Adopt the Nutritional Standards for Competitive Foods in Pennsylvania Schools.
- Implement a Warren County School District Student Wellness Policy by August 30, 2006 with the Superintendent charged with the operational responsibility for ensuring that the District meets the goals and requirements of the Student Wellness Policy. The Superintendent shall establish a plan based on the Policy goals that will annually evaluate the effectiveness of the Policy.
- Involve parents, students, administrators, board members, food service representatives and the public in advising the Board and Administration on related policy development and district student wellness activities through the establishment of a WCSD Student Wellness Advisory Committee.

Annually the Administration shall recommend that the Board approve at the September Board meeting the membership of the WCSD Student Wellness Advisory Committee. Membership shall include at least one of the following from each attendance area: high school student, parent, teacher, and administrator. In addition, membership shall include

1 a school board member appointed by the Board President, at least one Central Office  
2 administrator, a district food service representative, and members of the public.

3  
4 The Student Wellness Advisory Committee is charged with advising the Board and  
5 Administration on student nutrition and health related policy, curriculum, student  
6 activities and health issues. The Student Wellness Advisory Committee will meet at least  
7 four times in a school year.

8  
9 The Administration shall develop with advice from the Student Wellness Advisory  
10 Committee an administrative procedure supporting the Policy.

11  
12  
13 Adoption Date - June 12, 2006  
14 Legal Reference - 22PA Code, Chapter 4  
15 - NCLB  
16 - National School Lunch Program  
17 (42 U.S.C.1751 et seq)  
18 - Child Nutrition Act  
19 (42 U.S.C. 1771 et seq)  
20 - Public Law 108-265

21  
22 Policy Cross References: 1301, 1305 (Educational Philosophy /Missions)  
23 1402, 1415 (School District Climate/Environment)  
24 5105-5110 (Environmental Safety Programs)  
25 5501, 5505, 5515 (Food Services)  
26 9135, 9170, 9175 (Curriculum Development, Adoption  
27 and Review)  
28 9535 (Physical Education Substitution)  
29 9950 (Telecommunications)  
30 10110 (Student Attendance)  
31 10300 (Student Grooming)  
32 10410, 10450, 10460, 10495 (Student Activities)  
33 10510, 10515 (Student Discipline)  
34 10610, 10620, 10630 (Student Welfare)  
35 11007 (Parent Involvement)  
36 12401 (Government Mandates)

37  
38 JHG/rjf  
39  
40  
41  
42