

# Warren County School District

## PLANNED INSTRUCTION

### COURSE DESCRIPTION DRAFT II (A)

**Course Title:** Physical Education in the Community and the Field

**Course Number:** 9536

**Course Description and Prerequisites:** *Physical Education in the Community and the Field* is an independent course in physical education that includes physical activity and analysis and evaluation of physical education related concepts, principles and strategies of movement. Students select and design a *Course of Study* outside the traditional physical education classroom. The *Course of Study* focuses on individual, team, lifetime or outdoor physical activities. The *Course of Study* can take place in a variety of arenas including (1) Warren County School District's athletic and marching band programs, (2) personally designed courses of study, e.g., skate boarding, weight training and aerobics and (3) participation in community-based courses of study, e.g., dance, martial arts, skiing and swimming.

~~*Physical Education 9* is a prerequisite. There is no final examination.~~

**Suggested Grade Level:** 10, 11, 12

**Length of Course:** ☒ One Semester ☐ Two Semesters ☐ Other \_\_\_\_\_

**Units of Credit:** .25

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s)** CSPG No. 47 Health and Physical Education (K-12)

**Certification verified by WCSD Human Resources Department:**

☒ Yes ☐ No

#### **Board Approved Textbooks, Software, Materials:**

Textbooks and materials are incorporated into the *Course of Study* plan and approved by the physical education teacher. The cost of some books, materials and equipment will be borne by the student.

#### **BOARD APPROVAL:**

**Date Written:** Draft II 11/11/06

**Date Approved:** \_\_\_\_\_

**Implementation Year:** 2007-2008

**Suggested Supplemental Materials:** None

### **Course Standards**

**PA Academic Standards:**

10.4.12 Physical Activity

- A. Physical activities that promote health and fitness
- B. Effects of regular participation
- C. Responses of the body systems to physical activity
- D. Physical activities preferences
- E. Physical activity and motor skill improvement
- F. Physical activity and group interaction

10.5.12 Concepts, Principles and Strategies of Movement

- A. Movement skills and concepts
- B. Motor skill development
- C. Practice strategies
- D. Principles of exercise
- E. Scientific principles that affect movement
- F. Game strategies

The *Course of Study* plan will incorporate at least four sub-standards from each set above.

**WCSD Academic Standards:**

None

**Industry or Other Standards:**

None

### **WCSD EXPECTATIONS**

WCSD K-12 Expectations for instruction in writing, reading, mathematics and, technology have been developed and revised annually. The teacher will integrate all WCSD Expectations into this planned instruction and the student's *Course of Study* plan.

### **SPECIAL EDUCATION AND GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (I.E.P.) or Gifted Individual Education Plan (G.I.E.P.).

**SPECIFIC EDUCATIONAL OBJECTIVES/CORRESPONDING STANDARDS  
AND ELIGIBLE CONTENT WHERE APPLICABLE**

**10.4.12 Physical Activities**

x – performance assessed during that semester

	<b>Performance Indicator</b>	<b>1</b>	<b>2</b>	<b>Assessment</b>
A.	• Sustained physical activity and goal setting			<b>Formative Assessments</b> *daily logs *research reports *narrative reports *teacher-student dialogs * teacher-community/field contact person dialogs * Written student reflections * oral student reflections
B.	Analysis of sustained physical activity			
C.	Evaluation of regular physical activity and health			
D.	Analysis of physical activity preferences and influencing factors			
E.	Evaluation of improved motor skills and lifetime activities			
F.	Analysis of teamwork			
G.	•			<b>Summative Assessment</b> Student portfolio
H.				
I.	•			
J.				
K.				
L.				

**10.5.12 Concepts, Principles, and Strategies of Movement**

	<b>Performance Indicator</b>	<b>1</b>	<b>2</b>	<b>Assessment</b>
A.	• Analysis of movement as related to lifelong skills			<b>Same as above</b>
B.	Synthesis of knowledge of motor skills			
C.	Evaluate practice strategies			
D.	Synthesize knowledge of exercise principles			
E.	Evaluate movement forms			
F.	Analyze game strategies			

## ASSESSMENTS

**PSSA Assessment Anchors Addressed:** The teacher must be knowledgeable of the PDE Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current assessment anchors can be found at [pde@state.pa.us](mailto:pde@state.pa.us).

**Formative Assessments:** The teacher will develop and use standards-based assessments throughout the course.

**Portfolio Assessment:** ☒ Yes ☐ No

**District-wide Final Examination Required:** ☐ Yes ☒ No

**Course Challenge Assessment:** Course challenge is not permitted.

## REQUIRED COURSE SEQUENCE AND TIMELINE

The course sequence and timeline will be determined in the *Course of Study* plan. The principal shall approve the course timeline.

**WRITING TEAM:** Dr. J. Hugh Dwyer, Dr. John Sechriest, Mr. Jeff Manelick

## WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? ☒ Yes ☐ No
2. Does this course issue a mark/grade for the report card? ☒ Yes ☐ No
3. Does this course issue a Pass/Fail mark? ☒ Yes ☐ No
4. Is the course mark/grade part of the GPA calculation? ☐ Yes ☒ No
5. Is the course eligible for Honor Roll calculation? ☐ Yes ☒ No
6. What is the academic weight of the course?  
☐ No weight/Non credit ☒ Standard weight  
☐ Enhanced weight (Describe) \_\_\_\_\_