

**WARREN COUNTY SCHOOL DISTRICT**  
**PLANNED INSTRUCTION**

**COURSE DESCRIPTION**

**Course Title:** Health 5

**Course Number:** \_\_\_\_\_

**Course Prerequisites:** \_\_\_\_\_

**Course Description:** (Include “no final exam” or “final exam required”)

Fifth Grade Health shall teach, challenge, and support every student to realize his/her maximum potential for healthy living. Students will access valid health information through technology, media, health care personnel, and textbooks.

**Suggested Grade Level:** Grade 5

**Length of Course:** \_\_\_\_\_ One Semester X Two Semesters \_\_\_\_\_ Other

(Describe)

**Units of Credit:** None (Insert *NONE* if appropriate.)

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s)**

(Insert certificate title and CSPG#) Health and Physical Education/Health Certification/Elementary

**Certification verified by WCSD Human Resources Department:**

X Yes \_\_\_\_\_ No

**Board Approved Textbooks, Software, Materials:**

**Title:**

**Publisher:**

**ISBN #:**

**Copyright Date:**

**Date of WCSD Board Approval:**

**BOARD APPROVAL:**

**Date Written:** June 10, 2010

**Date Approved:** \_\_\_\_\_

**Implementation Year:** 2011-2012

**Suggested Supplemental Materials:** (List or insert None) None

### Course Standards

**PA Academic Standards:** (List by Number and Description)

10.1 – Concepts of Health

10.2 – Healthful Living

**WCSD Academic Standards:** (List or None)

None

**Industry or Other Standards:** (List, Identify Source or None)

None

### SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

### SPECIFIC EDUCATIONAL OBJECTIVES/CORRESPONDING STANDARDS AND ELIGIBLE CONTENT WHERE APPLICABLE

(List Objectives, PA Standards #'s, Other Standards (see samples at end))

**PA Standard: 10.1.6 Concepts of Health**

X – performance assessed during that semester				
	Performance Indicators	1	2	Assessment
B.	Identify and describe the structure and function of the major body systems.	X	X	Teacher-made test Worksheets
C.	Analyze nutritional concepts that impact health.	X	X	
E.	Identify health problems that can occur throughout life and describe ways to prevent them.			

**PA Standard: 10.2.6 Healthful Living**

X – performance assessed during that semester				
	Performance Indicators	1	2	Assessment
A.	Explain the relationship between personal health practices and individual well-being.	X	X	Posters

### ASSESSMENTS

**PSSA Assessment Anchors Addressed:** The teacher must be knowledgeable of the PDE Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current assessment anchors can be found at [pde@state.pa.us](mailto:pde@state.pa.us).

**Formative Assessments:** The teacher will develop and use standards-based assessments throughout the course.

**Portfolio Assessment:** \_\_\_\_\_ Yes      X   No

**District-wide Final Examination Required:** \_\_\_\_\_ Yes      X   No

**Course Challenge Assessment (Describe):**

### **REQUIRED COURSE SEQUENCE AND TIMELINE**

(Content must be tied to objectives)

Content Sequence	Dates
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#### **Objectives:**

Health and Wellness

Physical

Mental

Social

Emotional

Tobacco

Smoking

Chewing

Nutrition

Healthy Choices

Body Systems

Reproductive

Nervous

Integumentary

Urinary

Endocrine

Immune

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### WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? \_\_\_\_\_ Yes      X   No
2. Does this course issue a mark/grade for the report card?      X   Yes    \_\_\_\_\_ No
3. Does this course issue a Pass/Fail mark?    \_\_\_\_\_ Yes      X   No
4. Is the course mark/grade part of the GPA calculation?    \_\_\_\_\_ Yes      X   No
5. Is the course eligible for Honor Roll calculation?    \_\_\_\_\_ Yes      X   No
6. What is the academic weight of the course?  
      X   No weight/Non credit                      \_\_\_\_\_ Standard weight  
    \_\_\_\_\_ Enhanced weight (Describe)