# **Executive Summary:** Health and Physical Education Curriculum

### **Actions to Date:**

All physical education teachers in grades K-12 have worked together to create the courses for health and physical education in grades K-8. The emphasis in creating these courses has centered on general wellness, teamwork, physical activity, social and emotional development and lifetime fitness. The teachers have also utilized a community feedback group who has expertise in one or more of the areas of focus to ensure that the skills that we teach are sustainable activities for students once they leave the educational environment.

#### **General Comments:**

As the Board may remember, courses for grade 9-12 were approved last school year so that the teachers would have the opportunity to work with the proposed curriculum this year and suggest revisions prior to purchasing materials. Please look for minor revisions to those courses early in 2011.

The state has not approved the revisions to Chapter 12 which governs student services. Contained within those revisions was a lot of language addressing physical education for secondary students so at this time, any proposed solution to the PE substitution concern might not meet with the state regulations which are slated to be adopted and phased in for the 2012-2013 school year.

## **Financial Implications:**

Money has been reserved in the 2010-2011 budget for the purchase of materials to support the implementation of these curricula. A search for materials will be begun once the planned instructions are approved.

#### **Recommended Motion:**

That the Board of School Directors adopts the planned instructions as presented, with textbook titles to be inserted when books are adopted by the Board in the spring of 2011.