WARREN COUNTY SCHOOL DISTRICT

1

2 3 **10400 Student Activities 10471 Sudden Cardiac Arrest Prevention** 4 5 6 The District recognizes the importance of being cognizant of the safety of students participating 7 in the District's athletic programs. This policy has been developed to provide guidance for 8 prevention, detection and treatment of sudden cardiac arrest suffered by students while 9 participating in an athletic activity. 10 11 As used in this policy, "appropriate medical professional" shall mean any and all of the 12 following: 13 14 1. A licensed physician. 15 16 2. A certified registered nurse practitioner. 17 18 3. A licensed cardiologist. 19 20 "Athletic activity" shall mean any and all of the following: 21 22 1. Interscholastic athletics (defined as all athletic contests or competitions conducted 23 between or among school entities situated in counties of the second class, second class A, 24 third class, fourth class, fifth class, sixth class, seventh class and eighth class). 25 26 2. An athletic contest or competition, other than interscholastic athletics, that is sponsored 27 by or associated with the school, including cheerleading, club-sponsored sports activities 28 and sports activities sponsored by school-affiliated organizations. 29 30 3. Noncompetitive cheerleading that is sponsored by or associated with the school. 31 32 4. Practices, interschool practices and scrimmages for all athletic activities listed under the 33 preceding 3 paragraphs. 34 35 Guidelines 36 37 Each school year, prior to participation in an athletic activity, every student athlete and his/her 38 parent/guardian shall sign and return the acknowledgement of receipt and review of the Sudden 39 Cardiac Arrest Information Sheet. 40 41 The District may hold an informational meeting prior to the start of each athletic season for all 42 ages of competitors regarding the symptoms and warning signs of sudden cardiac arrest. In

Page 2 Policy number Policy title

1 addition to students, parents, coaches and other school officials, informational meetings may include physicians, pediatric cardiologists and athletic trainers. 2 3 4 **Removal From Play** 5 6 A student who, as determined by a game official, coach from the student's team, certified athletic 7 trainer, licensed physician, licensed physical therapist or other appropriate medical professional, 8 exhibits signs or symptoms that he or she is at imminent risk of a sudden cardiac arrest while 9 participating in an athletic activity shall be removed by the coach from participation at that time. 10 11 **Return To Play** 12 13 A student removed from participation shall not be permitted to return to participation in an 14 athletic activity until the student is evaluated and cleared for return to participation in writing by 15 an appropriate medical professional. 16 17 Training 18 19 All coaches shall annually, prior to coaching an athletic activity, complete a sudden cardiac 20 arrest training course offered by the Centers for Disease Control and Prevention, the National 21 Federation of State High School Associations or another provider approved by the Department of 22 Health. 23 24 Penalties 25 A coach found in violation of the provisions of this policy related to removal from play and 26 27 return to play shall be subject to penalties and discipline, including termination, as deemed 28 appropriate by the District pursuant to applicable laws, District policies, and bargaining unit 29 agreements. Effective July 30, 2014, the following minimum penalties shall be required by law: 30 31 1. For a first violation, suspension from coaching any athletic activity for the remainder of 32 the season. 33 34 2. For a second violation, suspension from coaching any athletic activity for the remainder 35 of the season and for the next season. 36 37 3. For a third violation, permanent suspension from coaching any athletic activity. 38 39 Adoption Date _ 40 Revised -Practice 41 Legal Reference 42 - 24 P.S. §5331 et. seq. 43 Cross Reference - Policy 7135 44 45