

**10400 Student Activities****10470 Concussion Management**

The District recognizes the importance of being cognizant of the safety of students participating in the district's athletic programs. This policy has been developed to provide guidance for prevention, detection and treatment of concussions sustained by students while participating in an athletic activity.

As used in this policy, "appropriate medical professional" shall mean all of the following:

1. A licensed physician who is trained in the evaluation and management of concussions or a licensed or certified health care professional trained in the evaluation and management of concussions and designated by such licensed physician.
2. A licensed psychologist neuropsychologically trained in the evaluation and management of concussions or who has postdoctoral training in neuropsychology and specific training in the evaluation and management of concussions.

"Athletic activity" shall mean all of the following:

1. Interscholastic athletics (defined as all athletic contests or competitions conducted between or among school entities situated in counties of the second class, second class A, third class, fourth class, fifth class, sixth class, seventh class and eighth class).
2. An athletic contest or competition, other than interscholastic athletics, that is sponsored by or associated with the school, including cheerleading, club-sponsored sports activities and sports activities sponsored by school-affiliated organizations.
3. Noncompetitive cheerleading that is sponsored by or associated with the school.
4. Practices, interschool practices and scrimmages for all athletic activities listed under the preceding 3 paragraphs.

**Guidelines**

Each school year, prior to participation in an athletic activity, every student athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the Concussion and Traumatic Brain Injury Information Sheet.

The school may hold an informational meeting prior to the start of each athletic season for all competitors regarding concussions and other head injuries, the importance of proper concussion management, and how preseason baseline assessments can aid in the evaluation, management

1    and recovery process. In addition to the student athletes, such meetings may include  
2    parents/guardians, coaches, other appropriate school officials, physicians, neuropsychologists,  
3    athletic trainers and physical therapists.

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5    Removal From Play

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7    A student who, as determined by a game official, coach from the student’s team, certified athletic  
8    trainer, licensed physician, licensed physical therapist or other appropriate medical professional,  
9    exhibits signs or symptoms of a concussion or traumatic brain injury while participating in an  
10    athletic activity shall be removed by the coach from participation at that time.

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12    Return To Play

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14    The coach shall not return a student to participation until the student is evaluated and cleared for  
15    return to participation in writing by an appropriate medical professional.

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17    Training

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19    All coaches shall annually, prior to coaching an athletic activity, complete a concussion  
20    management certification training course offered by the Centers for Disease Control and  
21    Prevention, the National Federation of State High School Associations or another provider  
22    approved by the Department of Health.

23  
24    Penalties

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26    A coach found in violation of the provisions of this policy related to removal from play and  
27    return to play shall be subject to penalties and discipline, including termination, as deemed  
28    appropriate by the District pursuant to applicable laws, District policies, and bargaining unit  
29    agreements. Effective July 1, 2014, the following minimum penalties shall be required by law:

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31        1. For a first violation, suspension from coaching any athletic activity for the remainder of  
32        the season.  
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34        2. For a second violation, suspension from coaching any athletic activity for the remainder  
35        of the season and for the next season.  
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37        3. For a third violation, permanent suspension from coaching any athletic activity.

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39            Adoption Date        -  
40            Revised                    -  
41            Practice                        -  
42            Legal Reference        - 24 P.S. §5321 et. seq.  
43            Cross Reference        - Policy 7135