

PE4Life/Speed Stacks Grant Summary

Grant Overview: The PE4Life/Speed Stacks Grant will equip applicants with the supplies necessary to provide students with a unique and fun Sport Stacking experience that promotes the development of fitness, motor skills, patterning, sequencing, focus and concentration, as well as hand-eye coordination and ambidexterity.

Recipients will receive thirty (30) sets of Speed Stacks, a StackMat, Speed Stacks Minis, Super Minis, Instructor Training DVD, 5-day lesson plans, an “On the Move with Speed Stacks” and “Fitness Stacking” Activity Guides, WSSA Stack Meet Manual and group order information. A PE4life/Speed Stacks Sport Pack allows schools to incorporate Sport Stacking into their physical education programs year after year. Sport Stacking is credited with helping students improve fitness, motor skills, patterning, sequencing, focus and concentration. Sport Stacking also helps hand-eye coordination and ambidexterity and allows students to use both sides of their body and brain to improve bilateral proficiency as well as encourages students to set goals through establishing personal records.

Amount of Award: There is no cash award. Recipients are sent the items necessary to the program by the funder.

Due Date/Notification of Award: February 15, 2013. Notification by the following month.

Alternatives if not Awarded: None.

WCSD Resources Required: None.

Administrative Recommendation: That the Board of School Directors instructs the administration to assist interested district physical education instructors in completing and submitting an application to PE4Life for supplies necessary to establish a Sport Stacking program in their school.