

Warren County School District
PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education - 6

Course Number: 00603

Course Prerequisites: None

Course Description:

Grade 6 begins to further develop team, dual, individual, and recreational sport strategies, with a focus on concepts and rules of play. The student will also recognize the value and benefits of physical fitness in maintaining a healthy lifestyle. **Students will complete WCSD Fitness Testing.**

Suggested Grade Level: Sixth Grade

Length of Course: ☒ One Semester ☐ Two Semesters ☐ Other (Describe)

Units of Credit: .5 (Insert *None* if appropriate)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:
CSPG 47

Certification verified by WCSD Human Resources Department: ☒ Yes ☐ No

TEXTBOOK AND SUPPLEMENTAL MATERIALS

Continue using Board approved textbook? ☐ Yes ☐ No (*If yes, then complete the information below.*)

Board Approved Textbooks, Software, Supplemental Materials:

Title:

Publisher:

ISBN #:

Copyright Date:

Date of WCSD Board Approval:

BOARD APPROVAL:

Date Written: February 13, 2018

Date Approved: March 12, 2018

Implementation Date: 2018-2019

SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modification to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

COURSE OVERVIEW

TEAM SPORTS

DUAL AND INDIVIDUAL SPORTS

RECREATIONAL SPORTS

10.3.6 Safety and Injury Prevention

D. Analyze the role of individual responsibility for safety during physical activity.

10.4.6 Physical Activity

- A. Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.
- B. Explain the effects of regular participation in moderate to vigorous physical activities on the body systems.
- C. Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity.
- D. Describe factors that affect childhood physical activity preferences.
- E. Identify factors that have an impact on the relationship between regular participation in physical activity and the degree of motor skill improvement.
- F. Identify and describe positive and negative interactions of group members in physical activities.

10.5.6 Concepts, Principle and Strategies of Movement

- A. Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills.
- B. Identify and apply the concepts of motor skill development to a variety of basic skills.
- C. Describe the relationship between practice and skill development.
- D. Describe and apply the principles of exercise to the components of health related and skill-related fitness.
- E. Identify and use scientific principles that affect basic movement and skills using appropriate vocabulary.
- F. Identify and apply game strategies to basic games and physical activities.

For standards, essential questions, content, and skills see curriculum map

ASSESSMENT

Portfolio Assessment: _____ Yes x No

District-Wide Common Final Examination Required: _____ Yes x No

Course Challenge Assessment (Describe): NA

WRITING TEAM: Warren County School District Teachers

WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? _____ Yes ☒ No

**Warren County School District Policy 9741 and 9744 state, "All classes in grades 9-12 shall have a final exam."*

2. Does this course issue a mark/grade for the report card? ☒ Yes _____ No

3. Does this course issue a Pass/Fail mark? _____ Yes ☒ No

4. Is the course mark/grade part of the GPA calculation? _____ Yes ☒ No

5. Is the course eligible for Honor Roll calculation? ☒ Yes _____ No

6. What is the academic weight of the course?

_____ No weight/Non credit

☒ Standard weight

_____ Enhanced weight