

**Warren County School District**  
**PLANNED INSTRUCTION**

**COURSE DESCRIPTION**

**Course Title:** Health 7

**Course Number:** 00605

**Course Prerequisites:** None

**Course Description:**

Health 7 will address the Pennsylvania Academic standards for Health, Safety, and Physical Education. Elements of the curriculum will include concepts of health, health and wellness, life skills, body systems, substance use, and stress management. It is hoped that each student will begin to implement and value a personal health maintenance plan.

**Suggested Grade Level:** Seventh Grade

**Length of Course:**     ☐ One Semester                      ☐ Two Semesters                      ☒ Other (9 week course)

**Units of Credit:** .25 (Insert *None* if appropriate)

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**  
CSPG 47 – Health and Physical Education

**Certification verified by WCSD Human Resources Department:** ☒ Yes     ☐ No

**TEXTBOOK AND SUPPLEMENTAL MATERIALS**

**Continue using Board approved textbook?** ☒ Yes     ☐ No (*If yes, then complete the information below.*)

**Board Approved Textbooks, Software, Supplemental Materials:**

**Title:** Teen Health Consolidated Modules

**Publisher:** McGraw Hill

**ISBN #:** 978-0-02-138549-9

**Copyright Date:** 2014

**Date of WCSD Board Approval:**

**BOARD APPROVAL:**

**Date Written:** February 13, 2018

**Date Approved:** \_\_\_\_\_

**Implementation Date:** 2018-2019

## **SPECIAL EDUCATION AND GIFTED REQUIREMENTS**

The teacher shall make appropriate modification to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

### **COURSE OVERVIEW**

#### **Topics to be Covered:**

- *Health & Wellness*
- *Mental Health*
- *Body Systems*
- *Substance Use & Abuse*

#### **10.1.9 Concepts of Health**

- A. Analyze factors that impact growth and development between adolescence and adulthood.
- B. Analyze the interdependence existing among the body systems.
- D. Analyze prevention and intervention strategies in relation to adolescent and adult drug use.
- E. Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.

#### **10.2.9 Healthful Living**

- A. Identify and describe health care products and services that impact adolescent health practices.
- B. Analyze the relationship between health-related information and adolescent consumer choices.
- C. Analyze media health and safety messages and describe their impact on personal health and safety.
- D. Analyze and apply a decision-making process to adolescent health and safety issues.
- E. Explain the interrelationship between the environment and personal health.

#### **10.3.9 Safety and Injury Prevention**

- A. Analyze the role of individual responsibility for safe practices and injury prevention in the home, school and community.
- C. Analyze and apply strategies to avoid or manage conflict and violence during adolescence.

**For standards, essential questions, content, and skills see Curriculum Map – [Click here to enter text.](#)**

### **ASSESSMENT**

**Portfolio Assessment:** \_\_\_\_\_ Yes   x   No

**District-Wide Common Final Examination Required:** \_\_\_\_\_ Yes   x   No

**Course Challenge Assessment (Describe):** NA

**WRITING TEAM:** Warren County School District Teachers

**WCSD STUDENT DATA SYSTEM INFORMATION**

1. Is there a required final examination? \_\_\_\_\_ Yes   X   No  
*\*Warren County School District Policy 9741 and 9744 state, "All classes in grades 9-12 shall have a final exam."*
2. Does this course issue a mark/grade for the report card?   X   Yes \_\_\_\_\_ No
3. Does this course issue a Pass/Fail mark? \_\_\_\_\_ Yes   X   No
4. Is the course mark/grade part of the GPA calculation?   X   Yes \_\_\_\_\_ No
5. Is the course eligible for Honor Roll calculation?   X   Yes \_\_\_\_\_ No
6. What is the academic weight of the course?  
\_\_\_\_\_ No weight/Non credit        X   Standard weight      \_\_\_\_\_ Enhanced weight