

**Warren County School District**

**PLANNED INSTRUCTION**

**COURSE DESCRIPTION**

**Course Title:** Competitive Sports/Tournament Play

**Course Number:** 00622

**Course Prerequisites:** None

**Course Description:**

This course will combine skills and strategies that will lead to a competitive team environment. Flag football, Team Hand-Ball, Volleyball, Floor Hockey, and Basketball are some of the activities offered in this class. Tournament play will be featured throughout the semester. This is a physically demanding, highly competitive class and is recommended only for students who enjoy a high level of physical activity and also a variety of sporting interests. Content includes examining basic offensive and defensive strategies, proper sportsmanship, rules and fundamental skills needed to be successful.

**Suggested Grade Level:** Grades 9-12

**Length of Course:**    ☒ One Semester                      ☐ Two Semesters                      ☐ Other ()

**Units of Credit:** .5 (Insert *None* if appropriate)

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:** CSPG 47

**Certification verified by WCSD Human Resources Department:** ☒ Yes    ☐ No

**TEXTBOOK AND SUPPLEMENTAL MATERIALS**

**Continue using Board approved textbook?** ☐ Yes    ☒ No (*If yes, then complete the information below.*)

**Board Approved Textbooks, Software, Supplemental Materials:**

**Title:**

**Publisher:**

**ISBN #:**

**Copyright Date:**

**Date of WCSD Board Approval:**

## **BOARD APPROVAL:**

**Date Written:** November 13, 2018

**Date Approved:** \_\_\_\_\_

**Implementation Date:** 2019-2020

## **SPECIAL EDUCATION AND GIFTED REQUIREMENTS**

The teacher shall make appropriate modification to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

### **COURSE OVERVIEW**

#### **Topics to be Covered:**

*Teams Sports*

*Dual/Individual Sport*

*Recreational Activities*

#### **10.3.12 Safety and Injury Prevention**

**D.** Evaluate the benefits, risks and safety factors associated with self-selected life-long physical activities.

#### **10.4.12 Physical Activity**

**A.** Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.

**B.** Analyze the effects of regular participation in a self-selected program of moderate to vigorous physical activities.

**D.** Evaluate factors that affect physical activity and exercise preferences of adults.

**E.** Analyze the interrelationships among regular participation in physical activity, motor skill improvement and the selection and engagement in lifetime physical activities.

**F.** Assess and use strategies for enhancing adult group interaction in physical activities.

#### **10.5.12 Concepts, Principles and Strategies of Movement**

**A.** Apply knowledge of movement skills, skill-related fitness and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.

**B.** Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.

**C.** Evaluate the impact of practice strategies on skill development and improvement.

**F.** Analyze the application of game strategies for different categories of physical activities.

## ASSESSMENT

**Portfolio Assessment:** \_\_\_\_\_ Yes   X   No

**District-Wide Common Final Examination Required:** \_\_\_\_\_ Yes   X   No

**Course Challenge Assessment (Describe):** N/A

**WRITING TEAM:** Warren County School District Teachers

## WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? \_\_\_\_\_ Yes   X   No  
*\*Warren County School District Policy 9741 and 9744 state, "All classes in grades 9-12 shall have a final exam."*
2. Does this course issue a mark/grade for the report card?   X   Yes \_\_\_\_\_ No
3. Does this course issue a Pass/Fail mark? \_\_\_\_\_ Yes   X   No
4. Is the course mark/grade part of the GPA calculation?   X   Yes \_\_\_\_\_ No
5. Is the course eligible for Honor Roll calculation?   X   Yes \_\_\_\_\_ No
6. What is the academic weight of the course?  
\_\_\_\_\_ No weight/Non credit        X   Standard weight      \_\_\_\_\_ Enhanced weight