

Warren County School District

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: First Aid/CPR & Care/Prevention of Athletic Injuries

Course Number: 00641

Course Prerequisites: Health 9

Course Description:

First Aid/CPR & Care/Prevention of Athletic Injuries course is an elective option based upon The American Red Cross Program. Students will analyze and apply strategies for the management of injuries in the home, school, sports and community. In addition, this course will emphasize the value of a safe environment and healthy lifestyle. Successful completion of the course provides students with the opportunity for certification in First Aid and CPR by the American Red Cross. **Successful completion of Health 9 is required prior to enrolling in this course.** This course has a final exam.

Suggested Grade Level: Grades 10-12

Length of Course: One Semester Two Semesters Other

Units of Credit: .5 (Insert *None* if appropriate)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:
CSPG #47 (4805 Health & Physical Education and/or 4810 Health)

Certification verified by WCSD Human Resources Department: Yes No

TEXTBOOK AND SUPPLEMENTAL MATERIALS

Continue using Board approved textbook? Yes No (If yes, then complete the information below.)

Board Approved Textbooks, Software, Supplemental Materials:

Title: First Aid/CPR/AED

Publisher: American Red Cross

ISBN #: 978-1-58480-665-3

BOARD APPROVAL:

Date Written: January 21, 2019

Date Approved: _____

Implementation Date: 2019-2020

SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modification to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

COURSE OVERVIEW

Topics to be covered:

- *Athletic Injuries*
 - *Care*
 - *Prevention*
- *CPR*
 - *Adult & Infant*
- *AED*
- *First Aid*
 - *Sudden Illness*
 - *Environmental Emergencies*
 - *Shock*
 - *Poisoning*
 - *Burns*
 - *Bites*
 - *Lightening*

10.1.12 Concepts of Health

- A. Evaluate factors that impact growth and development during adulthood and late adulthood.
- B. Evaluate factors that impact the body systems and apply protective/ preventive strategies.
- E. Identify and analyze factors that influence the prevention and control of health problems.

10.2.12 Healthful Living

- A. Evaluate health care products and services that impact adult health practices.
- E. Analyze the interrelationship between environmental factors and community health.

10.3.12 Safety and Injury Prevention

- B. Analyze and apply strategies for the management of injuries.
- D. Evaluate the benefits, risks and safety factors associated with self-selected life-long physical activities.

10.4.12 Physical Activity

- C. Evaluate how changes in adult health status may affect the responses of the body systems during moderate to vigorous physical activity.

ASSESSMENT

Portfolio Assessment: _____ Yes No

District-Wide Common Final Examination Required: Yes _____ No

Course Challenge Assessment (Describe): N/A

WRITING TEAM: Warren County School District Teachers

WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? Yes _____ No
**Warren County School District Policy 9741 and 9744 state, "All classes in grades 9-12 shall have a final exam."*
2. Does this course issue a mark/grade for the report card? Yes _____ No
3. Does this course issue a Pass/Fail mark? _____ Yes No
4. Is the course mark/grade part of the GPA calculation? Yes _____ No
5. Is the course eligible for Honor Roll calculation? Yes _____ No
6. What is the academic weight of the course?
_____ No weight/Non credit Standard weight _____ Enhanced weight