

## WARREN COUNTY SCHOOL DISTRICT

### VIRTUAL PLANNED INSTRUCTION

#### **COURSE DESCRIPTION**

**Course Title:** HS Health  
**Course Number:** 10626  
**Course Prerequisites:** Completion of MS Health

**Course Description:** See Attachment

**Suggested Grade Level:** Grades 9-12

**Length of Course:** One Semester

**Units of Credit:** .5

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**  
CSPG 47

To find the CSPG information, go to <https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx>

**Certification verified by the WCSD Human Resources Department:** ☒ Yes ☐ No

#### **WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

**GPA Type:** ☐ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☒ NHS-National Honor Society  
☒ UGPA-Non-Weighted Grade Point Average ☒ GPA-Weighted Grade Point Average

**State Course Code:** 08051

To find the State Course Code, go to <https://nces.ed.gov/forum/sced.asp>, download the Excel file for SCED, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

#### **TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Supplemental Materials:** Accelerate Education (Virtual Academy)

#### **Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 9/19/2019

**Date Approved:** 11/4/2019

**Implementation Year:** 19-20

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#### **SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

#### **ASSESSMENTS**

**PSSA Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Lesson quizzes, projects, discussion boards, and module exams

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Semester exams

## Health Syllabus

### Module 1

#### 1.01 The Picture of Health

##### 1.01 Quiz

#### 1.02 Healthy Change

##### 1.02 Quiz

#### 1.03 Analyzing Health Information

##### 1.03 Quiz

### Module 1 Exam A

#### 1.04 Stress and Stressors

##### 1.04 Quiz

#### 1.05 The Effects of Stress

##### 1.05 Quiz

#### 1.06 Coping Strategies

##### 1.06 Quiz

### Module 1 Exam B

### Module 2

#### 2.01 Psychological Health

##### 2.01 Quiz

#### 2.02 Psychological Illness and Disorders

##### 2.02 Quiz

#### 2.03 Suicide Risks and Prevention

##### 2.03 Quiz

### Module 2 Exam A

#### 2.04 Effects of Violence

##### 2.04 Quiz

#### 2.05 Types of Violence

##### 2.05 Quiz

#### 2.06 Preventing Violence

##### 2.06 Quiz

### Module 2 Exam B

### Module 3

#### 3.01 Nutrition

##### 3.01 Quiz

#### 3.02 Macronutrients, Micronutrients

##### 3.02 Quiz

#### 3.03 Food Labels

##### 3.03 Quiz

### Module 3 Exam A

#### 3.04 Physical Fitness

##### 3.04 Quiz

#### 3.05 Body Composition

##### 3.05 Quiz

#### 3.06 Fitness for Health

##### 3.06 Quiz

### Module 3 Exam B

### Mid-Term Exam

### Module 4

#### 4.01 Alcohol & Tobacco

##### 4.01 Quiz

4.02 Treatment & Prevention

4.02 Quiz

4.03 Drug Use, Misuse & Abuse

4.03 Quiz

Module 4 Exam

Module 5

5.01 Human Reproduction

5.01 Quiz

5.02 Types of Contraception

5.02 Quiz

5.03 Pregnancy

5.03 Quiz

Module 5 Exam A

5.04 Noninfectious & Infectious Diseases

5.04 Quiz

5.05 Sexually Transmitted Infections

5.05 Quiz

5.06 Protecting Yourself against STIs

5.06 Quiz

Module 5 Exam B

Module 6

6.01 What is Cancer?

6.01 Quiz

6.02 Reducing the Risk

6.02 Quiz

6.03 Treating Cancer

6.03 Quiz

Module 6 Exam A

6.04 Aging

6.04 Quiz

6.05 Death & Dying

6.05 Quiz

6.03 Grief & Bereavement

6.03 Quiz

Module 6 Exam B

Semester Exam