#### PLANNED INSTRUCTION

### **COURSE DESCRIPTION**

Course Title: Middle Level Adapted Physical Education

Course Number: 00621
Course Prerequisites: None

Course Description: Grade 5-8 Adapted Physical Education begins to further develop team, dual,

individual and recreational sport strategies with a focus on concepts and rules of play. Students will recognize the value and benefits of physical fitness and its importance in regards to maintaining a healthy lifestyle. Students will

complete the WCSD Modified Fitness Test.

**Suggested Grade Level**: Grades 5-8 **Length of Course:** One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

 $To find the CSPG information, go to \underline{https://www.education.pa.gov/Educators/Certification/Staffing\%20Guidelines/Pages/default.aspx}$ 

**Certification verified by the WCSD Human Resources Department: △Yes □No** 

# WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Mark Types:	Academic Check all that apply. □F – Final Average ⊠MP – Marking Period □EXM – Final Exam
GPA Type:	☐ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Societ☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

**State Course Code**: 08001

To find the State Course Code, go to <a href="https://nces.ed.gov/forum/sced.asp">https://nces.ed.gov/forum/sced.asp</a>, download the Excel file for SCED, click on SCED 6.0 tab, and chose the correct code that corresponds with the course.

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## **TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

#### **Board Approved Textbooks, Software, and Materials:**

Title: Click or tap here to enter text.

Publisher: Click or tap here to enter text.

ISBN #: Click or tap here to enter text.

Copyright Date: Click or tap here to enter text.

WCSD Board Approval Date: Click or tap here to enter text.

**Supplemental Materials:** Click or tap here to enter text.

## **Curriculum Document**

**WCSD Board Approval:** 

Date Finalized:11/6/2019Date Approved:2/10/2020Implementation Year:2020/2021

## SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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# SCOPE AND SEQUENCE OF CONTENT, CONCEPTS, AND SKILLS

Performance Indicator	PA Core Standard	Month Taught and
	and/or Eligible Content	Assessed for Mastery
Analyze the role of individual responsibility for safety during physical activity.	Safety and Injury Prevention 10.3.6 D	September October
Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.	Physical Activity 10.4.6 A	September January
Identify and apply ways to monitor and assess the body's response to moderate to vigorous physical activity. (Fitness assessment)	Physical Activity 10.4.6 C	December May
Identify and describe positive and negative interactions of group members in physical activities.	Physical Activity 10.4.6 F	September February
Explain and apply the basic movement skills and concepts to create and perform movement sequence and advanced skills.	Concepts, Principles, and Strategies of Movement 10.5.6 A	November March
Identify and apply the concepts of motor skill development to a variety of basic skills.	Concepts, Principles, and Strategies of Movement 10.5.6 B	September June
Identify and apply game strategies to basic games and physical activities.	Concepts, Principles, and Strategies of Movement 10.5.6 F	November March
Identify and apply concepts of team sports.	Physical Activity 10.4.6 A	November March
Identify and apply concepts of dual and individual sports.	Physical Activity 10.4.6 A	September February
Identify and apply concepts of Recreational sports.	Physical Activity 10.4.6 A	December April

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## **ASSESSMENTS**

**PSSA Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Skill assessment, teacher observation and Modified Adapted Physical Education Fitness Testing.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Skill assessment and teacher observation.