

**WARREN COUNTY SCHOOL DISTRICT**  
**PLANNED INSTRUCTION**

**COURSE DESCRIPTION**

**Course Title:** Daily Living

**Course Number:** 05108

**Course Prerequisites:** None

**Course Description:** Daily Living is a class designed to instruct the student in the areas of grooming/hygiene, dressing/undressing, daily cleaning activities, home/community safety, daily nutrition, physical exercise, and basic medical and self-care needs. Students perform various tasks in areas such as toileting, oral hygiene, showering (if deemed necessary), laundry, sweeping, cleaning tables/appliances, and dishwashing. Students will identify various items such as fruits, vegetables, utensils, appliances and foods. Students will identify various community signs one would encounter when traveling through the community.

This course is limited to teacher recommendation based on specific student need.

**Suggested Grade Level:** 9-12

**Length of Course:**        One Semester      X   Two Semesters           Other

**Units of Credit:**       1       (Insert *NONE* if appropriate.)

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s)**

(Insert certificate title and CSPG#) CSPG 61 - Special Education PK-12

**Certification verified by WCSD Human Resources Department:**

  X   Yes           No

**Board Approved Textbooks, Software, Materials:**

**Title:**

**Publisher:**

**ISBN #:**

**Copyright Date:**

**Date of WCSD Board Approval:**

**BOARD APPROVAL:****Date Written:** 1/17/2020**Date Approved:** 2/8/2021**Implementation Year:** 2020-2021**Suggested Supplemental Materials:**

- Manipulatives
- Specialized vocabulary list based on the texts used

**Course Standards****PA Core Standards** (List by Number and Description)

10.1 Concepts of Health  
10.2 Healthful Living  
10.3 Safety and Injury Prevention  
10.4 Physical Activity

**WCSD Academic Standards:** None**Industry or Other Standards:** None**SPECIAL EDUCATION AND GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

## SPECIFIC EDUCATIONAL OBJECTIVES/CORRESPONDING STANDARDS AND ELIGIBLE CONTENT WHERE APPLICABLE

(List Objectives, PA Standards #'s, Other Standards (see samples at end))

PA Core Standard: 10.1: Concepts of Health

Eligible Content	Performance Indicators
10.1.9.A	Analyze factors that impact growth and development between adolescence and adulthood.
10.1.9.D	Analyze prevention and intervention strategies in relation to adolescent and adult drug use.
10.1.9.E	Analyze how personal choice, disease and genetics can impact prevention

PA Core Standard: Healthful Living 10.2

Eligible Content	Performance Indicators
10.2.9.B	Analyze the relationship between health related information and adolescent consumer choices.
10.2.9.C	Analyze media health and safety messages and describe their impact on personal health and safety
10.2.9.D	Analyze and apply a decision-making process to adolescent health and safety issues.

PA Core Standard: Safety and Injury Prevention

Eligible Content	Performance Indicators
10.3.9.C	Analyze and apply strategies to avoid or manage conflict and violence during adolescence.

PA Core Standard: Physical Activity

Eligible Content	Performance Indicators
10.4.9.C	Analyze factors that affect the responses of body systems during moderate to vigorous physical activities

## ASSESSMENTS

**PSSA Assessment Anchors Addressed:** The teacher must be knowledgeable of the PDE Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current assessment anchors can be found at [pde@state.pa.us](mailto:pde@state.pa.us).

**PASA Alternate Eligible Content Addressed:** The teacher must be knowledgeable of the PDE Alternate Eligible Content and incorporate them into this planned instruction. Current alternate eligible content can be found at [pde@state.pa.us](mailto:pde@state.pa.us).

**Formative Assessments:** The teacher will develop and use standards-based assessments throughout the course.

**Portfolio Assessment:** \_\_\_\_\_ Yes ☒ No

**District-wide Final Examination Required:** \_\_\_\_\_ Yes ☒ No

**Course Challenge Assessment** (Describe): none

## **REQUIRED COURSE SEQUENCE AND TIMELINE**

(Content must be tied to objectives)

---

### **Objectives:**

- Prevention practices in personal healthcare
- Basic understanding of mental/emotional health/development
- General mouth/teeth care
- Will identify various items such as fruits, vegetables, utensils, appliances and foods
- Perform daily household tasks such as cleaning, sweeping, vacuuming, washing dishes
- Describe and demonstrate basic first aid techniques
- Informed use of products and services
- Rules, regulations and laws
- Basic understanding of healthy friendships and peer relationships
- Personal safety
- Grooming
- Benefits of Fitness
- Read basic community signs

**WRITING TEAM:** WCSD LSS Teachers

### **WCSD STUDENT DATA SYSTEM INFORMATION**

1. Is there a required final examination? ☒ Yes ☐ No
2. Does this course issue a mark/grade for the report card? ☒ Yes ☐ No
3. Does this course issue a Pass/Fail mark? ☐ Yes ☒ No
4. Is the course mark/grade part of the GPA calculation? ☒ Yes ☐ No
5. Is the course eligible for Honor Roll calculation? ☒ Yes ☐ No
6. What is the academic weight of the course?  
☐ No weight/Non credit ☒ Standard weight  
☐ Enhanced weight (Describe)