

WARREN COUNTY SCHOOL DISTRICT
PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Daily Living

Course Number: 05308

Course Prerequisites: none

Course Description: Daily Living is a class designed to instruct the student in the areas of grooming/hygiene, dress, daily cleaning activities, home/community safety, daily nutrition, physical exercise, and basic medical and self-care needs.

This course is limited to teacher recommendation.

Suggested Grade Level: 5-8

Length of Course: One Semester X Two Semesters Other

(Describe)

Units of Credit: none (Insert *NONE* if appropriate.)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s)

(Insert certificate title and CSPG#) CSPG 61 - Special Education PK-12

Certification verified by WCSD Human Resources Department:

 X Yes No

Board Approved Textbooks, Software, Materials:

Title:

Publisher:

ISBN #:

Copyright Date:

Date of WCSD Board Approval:

BOARD APPROVAL:

Date Written: 1/14/21
Date Approved: 2/8/2021
Implementation Year: 2021-2022

Suggested Supplemental Materials:**Course Standards****PA Core Standards****10.2.6**

- A. Explain the relationship between personal health practices and individual wellbeing
- B. Explain the relationship between health related information and consumer choices
- D. Describe and apply the steps of a decision-making process to health and safety issues.
- E. Analyze environmental factors that impact health

10.3.6

- A. Explain and apply safe practices in the home, school and community
- B. Know and apply appropriate emergency responses
- C. Describe strategies to avoid or manage conflict and violence
- D. Analyze the role of individual responsibility for safety during physical activity

10.1 Concepts of Health

- A. Describe growth and development changes that occur between childhood and adolescence and identify factors that can influence these changes
 - education
 - socioeconomic
- B. Identify and describe the structure and function of the major body systems
- C. Analyze nutritional concepts that impact health
 - healthful food selection
 - relationship of food intake and physical activity (energy output)
- D. Explain factors that influence childhood and adolescent drug use
 - social acceptance
 - decision-making/refusal skills
 - consequences

E. Identify and describe health problems that can occur throughout life

- stroke
- heart disease

10.2.0 Healthful Living

A. Explain the relationship between personal health practices and individual wellbeing

- health examinations

B. Explain the relationship between health-related information and consumer choices

- dietary guidelines/food selection
- sun exposure guidelines/sunscreen selection

C. Explain the media's effect on health and safety issues

D. Describe and apply the steps of a decision-making process to health and safety issues

E. Analyze environmental factors that impact health

- radiation
- natural disasters

10.3.3 Safety and Injury Prevention

A. Explain and apply safe practices in the home, school and community

- emergencies (e.g. fire, natural disasters)
- communication (e.g. telephone, Internet)

B. Know and apply appropriate emergency responses

- basic first aid

C. Describe strategies to avoid or manage conflict and violence

- anger management
- peer mediation

D. Analyze the role of individual responsibility for safety during physical activity

SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

(List Objectives, PA Standards #'s, Other Standards (see samples at end))

ASSESSMENTS

PSSA Assessment Anchors Addressed: The teacher must be knowledgeable of the PDE Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current assessment anchors can be found at pde@state.pa.us.

***PASA Alternate Eligible Content Addressed:** The teacher must be knowledgeable of the PDE Alternate Assessment Anchors and/or Eligible Content and incorporate them into this planned instruction. Current alternate assessment anchors can be found at pde@state.pa.us.

Formative Assessments: The teacher will develop and use standards-based assessments throughout the course.

Portfolio Assessment: _____ Yes X No

District-wide Final Examination Required: _____ Yes X No

Course Challenge Assessment (Describe): None

REQUIRED COURSE SEQUENCE AND TIMELINE

(Content must be tied to objectives)

Content Sequence	Dates
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WRITING TEAM: WCSD LSS Teachers

WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? _____ Yes X No
2. Does this course issue a mark/grade for the report card? X Yes _____ No
3. Does this course issue a Pass/Fail mark? _____ Yes X No
4. Is the course mark/grade part of the GPA calculation? _____ Yes X No
5. Is the course eligible for Honor Roll calculation? _____ Yes X No
6. What is the academic weight of the course?
 X No weight/Non credit _____ Standard weight
_____ Enhanced weight (Describe)