

WARREN COUNTY SCHOOL DISTRICT
PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health & Safety

Course Number: 05626

Course Prerequisites: None

Course Description:

Health & Safety is a continuation of the various aspects of health that provides a foundation for making educated health decisions consistent with Pennsylvania Health, Safety, and Physical Education standards. This course expands on the foundation of health & safety concepts taught at the middle level by understanding and enforcing a physically, mentally, socially, and emotionally healthy way of living. Such concepts will favorably affect their lives and the lives of those around them. Health & Safety will provide students with the knowledge and skills to achieve and maintain an all-around healthy life style. Using the Pennsylvania Common Core Standards and the Pennsylvania Alternative Standards as a guide, the course will prepare students for the Pennsylvania Alternate State Assessments. This course is limited to teacher recommendation based on specific student need.

Suggested Grade Level: 9-12

Length of Course: One Semester X Two Semesters Other

(Describe)

Units of Credit: 1 (Insert *NONE* if appropriate.)

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certification(s)

(Insert certificate title and CSPG#) CSPG 61 - Special Education PK-12

Certification verified by WCSD Human Resources Department:

 X Yes No

Board Approved Textbooks, Software, Materials:

Title:

Publisher:

ISBN #:

Copyright Date:

Date of WCSD Board Approval:

BOARD APPROVAL:**Date Written:** 1/14/2021**Date Approved:** 2/8/2021**Implementation Year:** 2020-2021**Suggested Supplemental Materials:**

Life Skills Health & Safety Textbook/reproducible workbook, relatable posters, specialized vocabulary list, manipulatives

Course Standards**PA Core Standards:** (List by Number and Description)

Concepts of Health 10.1

Healthful Living 10.2

Safety and Injury Prevention 10.3

Physical Activity 10.4

WCSD Academic Standards: None

Industry or Other Standards: None

SPECIAL EDUCATION AND GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP) or Gifted Individual Education Plan (GIEP).

SPECIFIC EDUCATIONAL OBJECTIVES/CORRESPONDING STANDARDS AND ELIGIBLE CONTENT WHERE APPLICABLE

(List Objectives, PA Standards #'s, Other Standards (see samples at end))

PA Core Standard: Concepts of Health 10.1

Eligible Content	Performance Indicators
10.1.9.A	Analyze factors that impact growth and development between adolescence and adulthood.
10.1.9.D	Analyze prevention and intervention strategies in relation to adolescent and adult drug use.
10.1.9.E	Analyze how personal choice, disease and genetics can impact prevention.

PA Core Standard: Healthful Living 10.2

Eligible Content	Performance Indicators
10.2.9.B	Analyze the relationship between health related information and adolescent consumer choices.
10.2.9.C	Analyze media health and safety messages and describe their impact on personal health and safety.
10.2.9.D	Analyze and apply a decision-making process to adolescent health and safety issues.

PA Standard: Safety and Injury Prevention 10.3

Eligible Content	Performance Indicators
10.3.9.C	Analyze and apply strategies to avoid or manage conflict and violence during adolescence.

PA Standard: Physical Activity 10.4

Eligible Content	Performance Indicators
10.4.9.C	Analyze factors that affect the responses of body systems during moderate to vigorous physical activities.

ASSESSMENTS

PASA Alternate Eligible Content Addressed: The teacher must be knowledgeable of the PDE Alternate Eligible Content and incorporate them into this planned instruction. Current alternate eligible content can be found at pde@state.pa.us.

Formative Assessments: The teacher will develop and use standards-based assessments throughout the course.

Portfolio Assessment: _____ Yes ☒ No

District-wide Final Examination Required: _____ Yes ☒ No

Course Challenge Assessment (Describe): None

REQUIRED COURSE SEQUENCE AND TIMELINE

(Content must be tied to objectives)

Content Sequence	Dates
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Objectives:

- Decision-making/refusal skills.
- Situation avoidance.
- Basic understanding of the human body.
- Basic understanding of mental/emotional health/development.
- Disease prevention.
- Treatment of disease.
- Basic understanding of the effects of alcohol, tobacco, and other drugs.
- Basic understanding of child abuse and role of family members.
- Basic understanding/purpose of community safety signs and community members.
(i.e. police officer, fire fighter, nurse etc.)
- General mouth/teeth care.
- Basic understanding of healthy friendships and peer relationships.
- Growth and development.
- Informed use of products and services.
- Social media propaganda.
- Anger management.
- Assess personal fitness.
- Rules, regulations and laws.

WRITING TEAM: WCSD LSS Teachers

WCSD STUDENT DATA SYSTEM INFORMATION

1. Is there a required final examination? x Yes No
2. Does this course issue a mark/grade for the report card? x Yes No
3. Does this course issue a Pass/Fail mark? Yes x No
4. Is the course mark/grade part of the GPA calculation? x Yes No
5. Is the course eligible for Honor Roll calculation? x Yes No
6. What is the academic weight of the course?
 No weight/Non credit X Standard weight
 Enhanced weight (Describe)