#### PLANNED INSTRUCTION

COURSE DESCRIPTION	C	Οι	JRSI	E D	ES	CRI	PT	ΊΟ	r	١
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Course Title:Health 7Course Number:00605Course Prerequisites:None

Course Description: Health 7 will introduce students to the foundations of health and wellness as well

as address the Pennsylvania Academic standards for Health, Safety, and Physical Education. Students will participate in 9 weeks of health education opposite of 9

weeks of physical education.

Suggested Grade Level: Grade 7

**Length of Course:** One Nine-Week Marking Period

Units of Credit: .25

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to CSPG

### WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

 $\boxtimes$ F – Final Average  $\boxtimes$ MP – Marking Period  $\square$ EXM – Final Exam

**GPA Type:** ☐ GPAEL-GPA Elementary ☒ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08051

To find the State Course Code, go to State Course Code, download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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### **TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

### **Board Approved Textbooks, Software, and Materials:**

**Title:** Glencoe Teen Health

Publisher: McGraw Hill

**ISBN #:** 978-1-264-12840-2

**Copyright Date:** 2021 **WCSD Board Approval Date:** 5/6/24

Supplemental Materials: NA

#### **Curriculum Document**

**WCSD Board Approval:** 

Date Finalized:1/31/2024Date Approved:6/10/2024Implementation Year:2024-2025

### **SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

PLANNED INSTRUCTION

# **SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

# **Marking Period 1**

Health & Wellness
Personal Fitness
Bullying & Conflict Resolution
Mental Health
Body Systems
Substance Use & Abuse

# **Marking Period 2**

Health & Wellness
Personal Fitness
Bullying & Conflict Resolution
Mental Health
Body Systems
Substance Use & Abuse

# **Marking Period 3**

Health & Wellness
Personal Fitness
Bullying & Conflict Resolution
Mental Health
Body Systems
Substance Use & Abuse

# **Marking Period 4**

Health & Wellness
Personal Fitness
Bullying & Conflict Resolution
Mental Health
Body Systems
Substance Use & Abuse

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# **Standards/Eligible Content and Skills**

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Analyze factors that impact growth and development between adolescence and adulthood.	10.1.9 A	All
Analyze the interdependence existing among the body systems.	10.1.9 B	All
Analyze prevention and intervention strategies in relation to adolescent and adult drug use.	10.1.9 C	All
Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.	10.1.9 D	All
Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.	10.1.9 E	All
Identify and describe health care products and services that impact adolescent health practices.	10.2.9 A	All
Analyze the relationship between health-related information and adolescent consumer choices.	10.2.9 B	All
Analyze media health and safety messages and describe their impact on personal health and safety.	10.2.9 C	All
Analyze and apply a decision-making process to adolescent health and safety issues.	10.2.9 D	All
Explain the interrelationship between the environment and personal health.	10.2.9 E	All
Analyze the role of individual responsibility for safe practices and injury prevention in the home, school, and community.	10.3.9 A	All
Analyze and apply strategies to avoid or manage conflict and violence during adolescence.	10.3.9 C	All
Analyze the role of individual responsibility for safety during physical activity.	10.3.6 D	All

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# **ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, POD's, Teacher Observation.

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Projects, Quizzes, Tests, Written Assignments