

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: First Aid/CPR & Care/Prevention of Athletic Injuries

Course Number: 00641

Course Prerequisites: Health 9

Course Description: First Aid/CPR & Care/Prevention of Athletic Injuries course is an elective option based upon The American Red Cross Program. Students will analyze and apply strategies for the management of injuries in the home, school, sports, and community. In addition, this course will emphasize the value of a safe environment and healthy lifestyle. Successful completion of the course provides students with the opportunity for certification in Adult & Pediatric First Aid/CPR/AED by the American Red Cross. Successful completion of Health 9 is required prior to enrolling in this course. This course has a final exam.

Suggested Grade Level: Grades 10-12

Length of Course: One Semester

Units of Credit: .5

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☒ EXM – Final Exam

GPA Type: ☐ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☒ NHS-National Honor Society

☒ UGPA-Non-Weighted Grade Point Average ☒ GPA-Weighted Grade Point Average

State Course Code: 08055

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: *First Aid/CPR/AED*
Publisher: American Red Cross
ISBN #: 978-1-58480-665-3
Copyright Date: 2016
WCSD Board Approval Date: 2017

Supplemental Materials: Manikins, AED, Splints/Slings/Bandages

Curriculum Document

WCSD Board Approval:

Date Finalized: 3/26/2024
Date Approved: 6/10/2024
Implementation Year: 2024/2025

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1 & 3

Course Introduction & Foundations

Adult CPR & AED

Pediatric CPR & AED

Choking

Marking Period 2 & 4

First Aid

- Sudden Illness
- Life Threatening Illness
- Injuries & Environmental Emergencies

Athletic Injuries

Concussions

High School Health

- Safety & Injury Prevention
- Community & Environmental Health

WARREN COUNTY SCHOOL DISTRICT**PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Analyze and apply strategies for the management of injuries.	10.3.12.B	All
Explain how to activate & work with the EMS system.	10.3.12.B	All
Describe how to recognize an emergency and size up the scene.	10.3.12.B	All
Understand legal concepts as they apply to lay responders, including consent & the purpose of Good Samaritan laws.	10.3.12.B	All
Identify how to reduce the risk of disease transmission when giving care.	10.3.12.B	All
Demonstrate how to check a person who is responsive for life-threatening and non-life-threatening conditions.	10.3.12.B	All
Explain how to check an injured or ill person who appears to be unresponsive.	10.3.12.B	All
Recognize the signs & symptoms of a heart attack & describe appropriate first aid care for a person who is showing these signs & symptoms.	10.3.12.B	All
Describe the links in the Cardiac Chain of Survival.	10.3.12.B	All
Demonstrate CPR & use of an automated external defibrillator (AED) for a person who is in cardiac arrest.	10.3.12.B	All
Demonstrate first aid care for a person who is choking.	10.3.12.B	All
Recognize the signs & symptoms of shock & describe appropriate first aid care for a person who is showing these signs & symptoms.	10.3.12.B	All
Recognize the signs & symptoms of, and describe appropriate first aid care for, the following sudden illnesses: breathing emergencies, diabetic emergencies, seizures, fainting and stroke.	10.3.12.B	All
Describe & demonstrate methods used to control external bleeding, including the application of direct pressure	10.3.12.B	All
Recognize the signs and symptoms of, and describe appropriate first aid care for the following injuries: burns, muscle, bone, and joint injuries: and head, neck, and spinal injuries (including concussion)	10.3.12.B	All
Recognize the signs and symptoms of and describe appropriate first aid care for, the following environmental injuries and illnesses: heat related illnesses, cold-related illnesses, and poisoning	10.3.12.B	All

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Homework, Participation, demonstration, skills assessment

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Red Cross Unit Multiple Choice Tests and Skill Testing. Class projects, Quizzes