

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Physical Education Grade 1

Course Number: 08166

Course Prerequisites: None

Course Description: Physical Education – Grade 1 is a continuation of the knowledge, skills, and safety precautions introduced in kindergarten. Students will begin to recognize body changes while engaged in moderate activity.

Suggested Grade Level: Grade 1

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG 47

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☐ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☒ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Society
☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08031

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: N/A

Publisher: N/A

ISBN #: N/A

Copyright Date: N/A

WCSD Board Approval Date: N/A

Supplemental Materials: N/A

Curriculum Document

WCSD Board Approval:

Date Finalized: 2/26/2024

Date Approved: 6/10/2024

Implementation Year: 2024-2025

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

Team Sports: Soccer, Football

Recreational Sports: Tag Games, Kickball/Variations, Hula Hoop, Structured Games

Individual/Dual Sports: Cooperative Activities, Conditioning/Fitness Activities

Marking Period 2

Team Sports: Volleyball

Recreational Sports: Circus Activities, Scooters, Climbing Wall, Weight Transfer, Rhythm & Dance, Hula Hoop, Structured Games

Individual/Dual Sports: Bowling, Cooperative Activities, Conditioning/Fitness Activities

Marking Period 3

Team Sports: Basketball

Recreational Sports: Racquet Sports, Structured Games

Individual/Dual Sports: Jump Rope, Conditioning/Fitness Activities, Cooperative Activities

Marking Period 4

Team Sports: Whiffle Ball

Recreational Sports: Parachute, Structured Games

Individual/Dual Sports: Track & Field, Disc Games, Yard Games, Cooperative Activities, Conditioning/Fitness Activities

WARREN COUNTY SCHOOL DISTRICT**PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

Performance Indicator	PA Core Standard and/or Eligible Content	Marking Period Taught
Identify and use safe practices in physical activity settings (e.g., proper equipment, knowledge of rules, sun safety, guidelines of safe play, warm-up, cool-down).	10.3.3.D	All
Identify and engage in physical activities that promote physical fitness and health.	10.4.3.A	All
Know the positive and negative effects of regular participation in moderate to vigorous physical activities.	10.4.3.B	All
Know and recognize changes in body responses during moderate to vigorous physical activity. (heart rate/breathing rate)	10.4.3.C	All
Identify likes and dislikes related to participation in physical activities.	10.4.3.D	All
Identify reasons why regular participation in physical activities improves motor skills.	10.4.3.E	All
Recognize positive and negative interactions of small group activities. [roles (e.g., leader, follower)/cooperation/sharing/on task participation]	10.4.3.F	All
Recognize and use basic movement skills and concepts. [locomotor movements (e.g., run, leap, hop)/non-locomotor movements (e.g., bend, stretch, twist)/manipulative movements (e.g., throw, catch, kick)/relationships (e.g., over, under, beside)/combination movements (e.g., locomotor, non-locomotor, manipulative)/space awareness (e.g., self-space, levels, pathways, directions)/effort (e.g., speed, force)]	10.5.3.A	All
Recognize and describe the concepts of motor skill development using appropriate vocabulary. (form/developmental differences/critical elements/feedback)	10.5.3.B	All
Know the function of practice.	10.5.3.C	All
Identify and use principles of exercise to improve movement and fitness activities. (frequency/how often to exercise/intensity/how hard to exercise/time/how long to exercise/type/what kind of exercise)	10.5.3.D	All
Know and describe scientific principles that affect movement and skills using appropriate vocabulary. (gravity/force production/absorption/balance/rotation)	10.5.3.E	All
Recognize and describe game strategies using appropriate vocabulary. (faking/dodging/passing/receiving/ moving to be open/defending space/following rules of play)	10.5.3.F.	All

ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Teacher Observation, Participation, Sportsmanship, Understanding concepts and skills.

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: None