#### PLANNED INSTRUCTION

# **COURSE DESCRIPTION**

| Course Title:<br>Course Number:<br>Course Prerequisites | Physical Education Grade 2<br>08266<br>: None                                                                 |            |                 |
|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|------------|-----------------|
| Course Description:                                     | Physical Education Grade 2 begins to apply know<br>and to understand the importance of maintain<br>lifestyle. | -          | _               |
| Suggested Grade Lev                                     | r <b>el</b> : Grade 2                                                                                         |            |                 |
| Length of Course:                                       | Once A Week                                                                                                   |            |                 |
| Units of Credit:                                        | None                                                                                                          |            |                 |
| PDE Certification and                                   | d Staffing Policies and Guidelines (CSPG) Require                                                             | ed Teacher | Certifications: |
| CSPG 47                                                 |                                                                                                               |            |                 |
| To find the CSPG information                            | i, go to <u>CSPG</u>                                                                                          |            |                 |
| Certification verified                                  | by the WCSD Human Resources Department:                                                                       | ⊠Yes       | □No             |
| WCSD STUDENT DA                                         | ATA SYSTEM INFORMATION                                                                                        |            |                 |
| <b>6</b>                                                |                                                                                                               |            |                 |

| Course Level:<br>Mark Types: | Academic<br>Check all that apply.                                                                                                                                 |
|------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| GPA Туре:                    | ☑ GPAEL-GPA Elementary 	☐ GPAML-GPA for Middle Level 	☐ NHS-National Honor Society<br>☐ UGPA-Non-Weighted Grade Point Average 	☐ GPA-Weighted Grade Point Average |

#### State Course Code: 23005

To find the State Course Code, go to State Course Code, download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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#### **TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

#### Board Approved Textbooks, Software, and Materials:

| Title:                    | NA |
|---------------------------|----|
| Publisher:                | NA |
| ISBN #:                   | NA |
| Copyright Date:           | NA |
| WCSD Board Approval Date: | NA |
|                           |    |

Supplemental Materials: NA

#### **Curriculum Document**

| WCSD Board Approval: |           |  |  |  |
|----------------------|-----------|--|--|--|
| Date Finalized:      | 2/26/2024 |  |  |  |
| Date Approved:       | 6/10/2024 |  |  |  |
| Implementation Year: | 2024-2025 |  |  |  |

#### **SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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## **SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

#### Marking Period 1

*Team Sports:* Soccer, Football *Recreational Sports:* Tag Games, Kickball/Variations, Hula Hoop, Structured Games *Individual/Dual Sports:* Cooperative Activities, Conditioning/Fitness Activities

## Marking Period 2

*Team Sports:* Volleyball *Recreational Sports:* Circus Activities, Scooters, Climbing Wall, Weight Transfer, Rhythm & Dance, Hula Hoop, Structured Games *Individual/Dual Sports:* Bowling, Cooperative Activities, Conditioning/Fitness Activities

## Marking Period 3

*Team Sports:* Basketball, Floor Hockey *Recreational Sports:* Racquet Sports, Structured Games *Individual/Dual Sports:* Jump Rope, Conditioning/Fitness Activities, Cooperative Activities

#### Marking Period 4

*Team Sports:* Whiffle Ball *Recreational Sports:* Parachute, Structured Games *Individual/Dual Sports:* Track & Field, Disc Games, Yard Games, Cooperative Activities, Conditioning/Fitness Activities

# PLANNED INSTRUCTION

# Standards/Eligible Content and Skills

| Performance Indicator                                                                                                   | PA Core Standard<br>and/or Eligible<br>Content | Marking<br>Period<br>Taught |
|-------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|-----------------------------|
| Identify and use safe practices in physical activity settings (e.g.,                                                    | 10.3.3.D                                       | All                         |
| proper equipment, knowledge of rules, sun safety, guidelines of safe                                                    |                                                |                             |
| play, warm-up, cool-down).                                                                                              |                                                |                             |
| Identify and engage in physical activities that promote physical fitness and health.                                    | 10.4.3.A                                       | All                         |
| Know the positive and negative effects of regular participation in                                                      | 10.4.3.B                                       | All                         |
| moderate to vigorous physical activities.                                                                               | 10.4.3.D                                       | All                         |
|                                                                                                                         | 10.4.3.C                                       | All                         |
| Know and recognize changes in body responses during moderate to vigorous physical activity. (heart rate/breathing rate) | 10.4.5.0                                       | All                         |
| Identify likes and dislikes related to participation in physical                                                        | 10.4.3.D                                       | All                         |
| activities.                                                                                                             | 10.4.5.0                                       |                             |
| Identify reasons why regular participation in physical activities                                                       | 10.4.3.E                                       | All                         |
| improves motor skills.                                                                                                  |                                                |                             |
| Recognize positive and negative interactions of small group                                                             | 10.4.3.F                                       | All                         |
| activities. [roles (e.g., leader, follower)/cooperation/sharing/on task                                                 |                                                |                             |
| participation]                                                                                                          |                                                |                             |
| Recognize and use basic movement skills and concepts. [locomotor                                                        | 10.5.3.A                                       | All                         |
| movements (e.g., run, leap, hop)/non-locomotor movements (e.g.,                                                         |                                                |                             |
| bend, stretch, twist)/manipulative movements (e.g., throw, catch,                                                       |                                                |                             |
| kick)/relationships (e.g., over, under, beside)/combination                                                             |                                                |                             |
| movements (e.g., locomotor, non-locomotor, manipulative)/space                                                          |                                                |                             |
| awareness (e.g., self-space, levels, pathways, directions)/effort (e.g.,                                                |                                                |                             |
| speed, force)]                                                                                                          |                                                |                             |
| Recognize and describe the concepts of motor skill development                                                          | 10.5.3.B                                       | All                         |
| using appropriate vocabulary. (form/developmental                                                                       |                                                |                             |
| differences/critical elements/feedback)                                                                                 |                                                |                             |
| Know the function of practice.                                                                                          | 10.5.3.C                                       | All                         |
| Identify and use principles of exercise to improve movement and                                                         | 10.5.3.D                                       | All                         |
| fitness activities. (frequency/how often to exercise/intensity/how                                                      |                                                |                             |
| hard to exercise/time/how long to exercise/type/what kind of                                                            |                                                |                             |
| exercise)                                                                                                               |                                                |                             |
| Know and describe scientific principles that affect movement and                                                        | 10.5.3.E                                       | All                         |
| skills using appropriate vocabulary. (gravity/force                                                                     |                                                |                             |
| production/absorption/balance/rotation)                                                                                 |                                                |                             |
| Recognize and describe game strategies using appropriate                                                                | 10.5.3.F                                       | All                         |
| vocabulary. (faking/dodging/passing/receiving/moving to be                                                              |                                                |                             |
| open/defending space/following rules of play)                                                                           |                                                |                             |

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# ASSESSMENTS

**PDE Academic Standards, Assessment Anchors, and Eligible Content:** The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Preparation for class (proper fitness attire), Teacher Observation, Participation, Sportsmanship

**Summative Assessments:** The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: None