**COURSE DESCRIPTION**

**Course Title:** Health- Grade 4

**Course Number:** 08467

**Course Prerequisites:** None

**Course Description:** Health-Grade 4 shall teach, challenge, and support every student to realize his/her potential for healthy living. Students will access valid health information through QuaverEd online resource. Health will occur one time per week for two marking periods. Health 4 will receive a pass/fail mark on the report card.

**Suggested Grade Level**: Grade 4

**Length of Course:** Once A Week

**Units of Credit:** None

**PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:**

CSPG #47 or #69 or #70

To find the CSPG information, go to [CSPG](https://www.education.pa.gov/Educators/Certification/Staffing%20Guidelines/Pages/default.aspx)

**Certification verified by the WCSD Human Resources Department:** Yes No

**WCSD STUDENT DATA SYSTEM INFORMATION**

**Course Level:** Academic

**Mark Types:** Check all that apply.

F – Final Average MP – Marking Period EXM – Final Exam

**GPA Type**:  GPAEL-GPA Elementary  GPAML-GPA for Middle Level  NHS-National Honor Society

UGPA-Non-Weighted Grade Point Average  GPA-Weighted Grade Point Average

**State Course Code**: 08074

To find the State Course Code, go to [State Course Code](https://nces.ed.gov/forum/sced.asp), download the Excel file for *SCED*, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

**TEXTBOOKS AND SUPPLEMENTAL MATERIALS**

**Board Approved Textbooks, Software, and Materials:**

**Title:**  n/a

**Publisher:** n/a

**ISBN #:**  n/a

**Copyright Date:** n/a

**WCSD Board Approval Date:** n/a

**Supplemental Materials:** QuaverEd Health-PE

**Curriculum Document**

**WCSD Board Approval:**

**Date Finalized:** 3/25/2024

**Date Approved:**  6/10/2024

**Implementation Year:** 2024-2025

**SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS**

The teacher shall make appropriate modifications to instruction and assessment based on a student’s Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

**SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS**

**Marking Period 1**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene

**Marking Period 2**

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. Disease and Illness Prevention
4. Safety and Accident Prevention

**Marking Period 3**

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene

**Marking Period 4**

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. Disease and Illness Prevention
4. Safety and Accident Prevention

**Standards/Eligible Content and Skills**

| **Performance Indicator** | **PA Core Standard and/or Eligible Content** | **Marking Period Taught** |
| --- | --- | --- |
| Look at the community with a critical eye for health practices. | 10.2.6.E | MP1 or MP3 |
| Identify how technology influences health and learn valid sources of health information. | 10.2.6.C | MP1 or MP3 |
| Know how to recognize and prevent common safety hazards and how to respond to more dangerous injuries. | 10.3.6.B | MP1 or MP3 |
| Read and respond to nonverbal forms of communication such as facial expressions and body language, especially in the context of defusing or resolving potential conflict. | 10.2.6.C  10.3.6.C | MP1 or MP3 |
| Respect individual differences among friends without allowing negative emotions to trigger unhealthy behaviors. | 10.1.6.A | MP1 or MP3 |
| Identify positive social groups and role models as well as resist peer pressure. | 10.1.6.D | MP1 or MP3 |
| Recognize when to make different choices based on past experiences. | 10.2.6.D | MP1 or MP3 |
| Develop evaluation criteria necessary for good decision-making. | 10.3.6.C  10.2.6.D | MP1 or MP3 |
| Develop effective ways to improve personal hygiene. | 10.1.6.E | MP1 or MP3 |
| Understand the consequences of poor oral hygiene and the importance of creating a daily dental health routine. | 10.1.6.C | MP1 or MP3 |
| Understand the warning signs and protective factors of self-harm as well as the importance of seeking assistance from a trusted adult. | 10.2.6.D  10.1.6.E | MP2 or MP4 |
| Identify and deal with situations or activities that result in anxious feelings. | 10.2.6.D  10.1.6.E | MP2 or MP4 |
| Identify the six major nutrients and foods they are found in. | 10.1.6.C | MP2 or MP4 |
| Identify the possible negative reactions that can occur when eating certain foods. | 10.1.6.E  10.1.6.C | MP2 or MP4 |
| Understand refusal skills and how to say no when offered tobacco, alcohol, or drugs. | 10.1.6.D | MP2 or MP4 |
| Define mental health as an important part of overall wellness and to identify mental health providers in school and community settings. | 10.1.6.E | MP2 or MP4 |
| Understand major disease types, communicable and noncommunicable, and their impact on the population. | 10.1.6.E  10.1.6.B | MP2 or MP4 |
| Assess how personal decisions can reduce and prevent injuries. | 10.3.6.A | MP2 or MP4 |

**ASSESSMENTS**

**PDE Academic Standards, Assessment Anchors, and Eligible Content: The** teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

**Formative Assessments:** The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

**Effective formative assessments for this course include:** Class Participation, Teacher Observation

**Summative Assessments: The** teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

**Effective summative assessments for this course include:** Projects, Quizzes, Tests, and Written Assignments