

WARREN COUNTY SCHOOL DISTRICT

PLANNED INSTRUCTION

COURSE DESCRIPTION

Course Title: Health-Grade 5

Course Number: 08567

Course Prerequisites: None

Course Description: Health-Grade 5 shall teach, challenge, and support every student to realize his/her potential for healthy living. Students will access valid health information through QuaverEd online resource. Health will occur one time per week for two marking periods. Health 5 will receive a pass/fail mark on the report card.

Suggested Grade Level: Grade 5

Length of Course: Once A Week

Units of Credit: None

PDE Certification and Staffing Policies and Guidelines (CSPG) Required Teacher Certifications:

CSPG #47 or #70

To find the CSPG information, go to [CSPG](#)

Certification verified by the WCSD Human Resources Department: ☒ Yes ☐ No

WCSD STUDENT DATA SYSTEM INFORMATION

Course Level: Academic

Mark Types: Check all that apply.

☒ F – Final Average ☒ MP – Marking Period ☐ EXM – Final Exam

GPA Type: ☒ GPAEL-GPA Elementary ☐ GPAML-GPA for Middle Level ☐ NHS-National Honor Society

☐ UGPA-Non-Weighted Grade Point Average ☐ GPA-Weighted Grade Point Average

State Course Code: 08075

To find the State Course Code, go to [State Course Code](#), download the Excel file for SCED, click on SCED 6.0 tab, and choose the correct code that corresponds with the course.

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TEXTBOOKS AND SUPPLEMENTAL MATERIALS

Board Approved Textbooks, Software, and Materials:

Title: n/a
Publisher: n/a
ISBN #: n/a
Copyright Date: n/a
WCSD Board Approval Date: n/a

Supplemental Materials: QuaverEd Health-PE

Curriculum Document

WCSD Board Approval:

Date Finalized: 7/27/2023
Date Approved: 6/10/2024
Implementation Year: 2024-2025

SPECIAL EDUCATION, 504, and GIFTED REQUIREMENTS

The teacher shall make appropriate modifications to instruction and assessment based on a student's Individual Education Plan (IEP), Chapter 15 Section 504 Plan (504), and/or Gifted Individual Education Plan (GIEP).

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SCOPE AND SEQUENCE OF CONTENT AND CONCEPTS

Marking Period 1

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene

Marking Period 2

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. Disease and Illness Prevention
4. Safety and Accident Prevention

Marking Period 3

1. General Health
2. Social Behavior
3. Responsible Decision Making
4. Healthy Practices and Hygiene

Marking Period 4

1. Mental Health and Wellness
2. Healthy Eating and Nutrition
3. Disease and Illness Prevention
4. Safety and Accident Prevention

WARREN COUNTY SCHOOL DISTRICT**PLANNED INSTRUCTION****Standards/Eligible Content and Skills**

| Performance Indicator | PA Core Standard and/or Eligible Content | Marking Period Taught |
|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------|
| Understand how individual behaviors impact personal health in various ways and over time. | 10.2.6.D | MP1 MP2 MP3 MP4 |
| Promote informed health decisions. | 10.2.6.C | MP1 MP2 MP3 MP4 |
| Create an emergency response plan. | 10.3.6.B | MP1 MP2 MP3 MP4 |
| Learn how to have conversations with others when conflict or disagreement exists or when feelings might have been hurt. | 10.3.6.C | MP1 MP2 MP3 MP4 |
| Recognize various forms of diversity and how they enrich people's lives. | 10.1.6.A | MP1 MP2 MP3 MP4 |
| Create long-term and short-term problem-solving strategies. | 10.2.6.A | MP1 MP2 MP3 MP4 |
| Evaluate the accuracy and truthfulness of information derived from a variety of sources. | 10.2.6.A | MP1 MP2 MP3 MP4 |
| Analyze the impact of healthy habits. | 10.2.6.E | MP1 MP2 MP3 MP4 |
| Identify the lifetime benefits of dental hygiene. | 10.2.6.A | MP1 MP2 MP3 MP4 |
| Recognize the warning signs of suicide and learn ways to address them. | 10.3.6.C | MP1 MP2 MP3 MP4 |

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| Understand and prevent the consequences of stress by maintaining healthy behaviors and using stress relief strategies when needed. | 10.1.6.E | MP1 MP2 MP3 MP4 |
| Identify common eating disorders and their negative impact on multiple dimensions of health. | 10.1.6.C 10.2.6.B | MP1 MP2 MP3 MP4 |
| Identify common eating disorders and their negative impact on multiple dimensions of health. | 10.1.6.C 10.2.6.B 10.1.6.E | MP1 MP2 MP3 MP4 |
| Understand the harmful impact of alcohol, tobacco, and drugs on multiple dimensions of health. | 10.1.6.D | MP1 MP2 MP3 MP4 |
| Identify and explore sadness and know when to seek support. | 10.3.6.A | MP1 MP2 MP3 MP4 |
| Identify proper management of common illnesses and diseases. | 10.1.6.B | MP1 MP2 MP3 MP4 |
| Promote safety and identify personal responsibility. | 10.3.6.A | MP1 MP2 MP3 MP4 |
| Evaluate situations in order to remain safe. | 10.3.6.A | MP1 MP2 MP3 MP4 |

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ASSESSMENTS

PDE Academic Standards, Assessment Anchors, and Eligible Content: The teacher must be knowledgeable of the PDE Academic Standards, Assessment Anchors, and Eligible Content and incorporate them regularly into planned instruction.

Formative Assessments: The teacher will utilize a variety of assessment methods to conduct in-process evaluations of student learning.

Effective formative assessments for this course include: Class Participation, Teacher Observation.

Summative Assessments: The teacher will utilize a variety of assessment methods to evaluate student learning at the end of an instructional task, lesson, and/or unit.

Effective summative assessments for this course include: Projects, Quizzes, Tests, and Written Assignments